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The Guidon

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2021

Hays High School | 2300 E. 13th St. | Hays, Kan. 67601



SCOUT'S HONOR

As various changes occur
in Boy Scouts, members
achieve Eagle Scout rank
Pages 6-7

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ON THE COVER



Cover and photo illustration by Ryan Schuckman

ORGANIZATIONS

Students start recreational disc golf club

By Ryan Schuckman
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Beginning this fall, Hays High School will be offering a new club, focusing on disc golf.

Instructor Haley Wolf is the sponsor while freshman Bryton Unsworth is president, sophomore Evan Tschanz is vice president, sophomore Brendan Stults is treasurer and junior Emma Tschanz is secretary.

"Members can expect to play, practice and help with fundraisers and other projects," Stults said. "We will have friendly rounds, but also more competitive rounds in the future."

In order to avoid conflicts with other school activities, the club will mostly meet on weekends at least once a week.

"I'm mostly excited to learn how to play," junior Jude Tippy said. "I had friends in it, and it seemed like a cool club."

Hays has a long history with disc golf. Established in 1983, Flying Bison Disc Golf,



Photo by Ryan Schuckman

FLYING OBJECT

Senior Noah Taylor throws a disc towards a basket while participating in a round of disc golf. The new Disc Golf Club had its first meeting on Oct. 21.

located at Frontier Park, was the fourth disc golf course in Kansas and was one of the first 125 courses in the United States. Hays has also added a nine-hole course at Rolling Hills Park and a putting and distance practice range at Kiwanis Park.

Students interested in joining the club can contact Wolf or one of the officers to find out when meetings and playing times are being held.

"We decided to start this club because of our love of the game and also to try and grow the sport," Stults said.

Student Council plans November blood drive

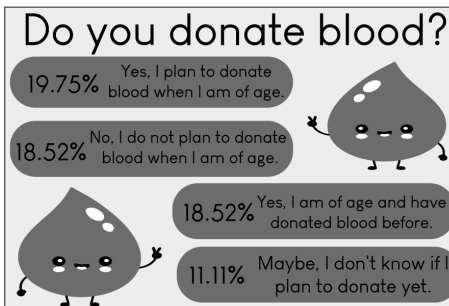
By Emry Lundy
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On Tuesday, Nov. 9, Student Council will be hosting a blood drive. What some do not realize is that it can help not only the ones receiving the blood, but also the donors themselves.

According to the Laborers' Health and Safety Fund of North America, one way giving blood can help donors is by reducing their iron levels. Over time, excess iron in a person's blood can come to rest in the liver and pancreas, which can cause liver cancer, diabetes and more.

Another benefit includes a healthier heart. Studies have found that regularly donating blood can lessen the risk of heart attacks and strokes and can lower cholesterol. According to the *American Journal of Epidemiology*, those who give blood are about 88 percent less likely to experience heart attacks.

Finally, giving blood offers donors a chance to recognize health issues. Before a donation



Infographic by Brenna Schvien

occurs, the donor must go through a screening. After blood is taken, it is also tested for 13 different diseases.

However, not everyone can donate. According to the New York Blood Center, being younger than 17 or 16 with written parent/guardian permission, weighing less than 110

pounds, being ill, having HIV/AIDS, Hepatitis B or Hepatitis C or some forms of cancer or having hemophilia can restrict donors.

StuCo sponsor Jayme Goetz said one reason that people are averse to giving blood is "people are afraid of needles and think it is going to hurt."

Goetz agreed that needles are "pokey," but said, "the small poke is worth the end result of helping out those in need."

Junior Seth Tripp agreed with Goetz.

"I try to regularly donate blood once every year because it doesn't do any harm to me, but it can majorly help others," Tripp said. "Plus, I have a universal blood type [Type O], so it would be almost selfish for me not to donate."

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FALL MUSICAL

Upcoming musical to be performed, despite opposition from community

By Cade Becker
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Returning to the fall instead of the spring like last year, the annual musical is coming closer to hitting the stage on Thursday, Nov. 11 through Sunday, Nov. 14.

"Urinetown" is directed and choreographed by Adrian Rifat, with choir instructor Alex Underwood as the music director and lead administrator and choir accompanist Luis Reyes as the rehearsal pianist.

"We're definitely on track," Underwood said. "We still have some work to do, but all of that is achievable with the time we have."

"Urinetown" is a comedic musical that satires the ideals of social structures, political structures and even musical theater itself.

Some community members, however, have objected to the musical because of the satirical humor, provocative language and subject matter of capitalism versus socialism; at the Sept. 27 Board of Education meeting, resident Adam Peters spoke about his concerns with the musical content. Because of these concerns, the performance normally done for the middle school will not be held this year.

"I don't think it is controversial," Underwood said. "There's not really any provocative things in it. The language is incredibly mild, there's no sex and the violence is not graphic

at all. The entire point of the show is that it's sort of provocative with the title, which I think fits in well with middle school humor. What makes the show controversial is that it has themes of socialism and capitalism and how it doesn't provide any solutions. That's sort of the dark humor of the show, but I don't find the show remotely controversial."

The musical is set into a dystopian world with a severe water shortage. Because of the shortage, personal bathrooms have been outlawed, alongside the ability to discharge bodily fluids outdoors.

A company sets up a public restroom that costs residents a fee to use, and the company pays off the lawmakers to make laws in their favor, such as by arresting people who do not use the public restroom.

Due to this, the people in poverty are disproportionately affected and are mistreated by the monopolized society in which they live, leaving them at the wrath of the political and legal systems.

The cast features two main characters: Bobby Strong, who is played by senior Carson Brooksher, and Hope Cladwell, who is played by junior Devlyn Jochum.

"The musical so far is coming along pretty well," Brooksher said. "From the way we have done it in the past, it is at a pretty normal rate, but some of the underclassmen are stressing out over it not coming together as quick as they think."



Photo by Cade Becker

CAPTION LEAD IN

At a Fall Musical rehearsal on Oct. 26 at 12th Street Auditorium, cast members join together during a scene. The Fall Musical, "Urinetown," has been scheduled for Nov. 11, Nov. 12 and Nov. 13 at 7:30 p.m. and Nov. 14 at 2 p.m.

STAFF

After working in construction, new instructor begins teaching career

By Ryan Schuckman
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Industrial technology teacher Adam Goetz is a new teacher at Hays High, but he is familiar with the industry and the school.

In addition to teaching woodworking at Hays Middle School, he instructs Technical Applications and IR Shop classes at Hays High and helps sponsor the Hays High Industrial Technology Association (HHITA).

After graduating from Hays High, Goetz attended Fort Hays State University, earning a bachelor's degree in Construction Management.

"I started off as a Project Superintendent and eventually got a job as a Project Manager for Commercial Builders in Hays," Goetz said. "I have about eight to 10 years of construction experience and spent the last three years at Commercial Builders."

While he was a student at Hays High, Goetz took many industrial technology



Photo by Ryan Schuckman

CONSTRUCTION PROFESSIONAL

New industrial technology teacher Adam Goetz demonstrates using a sander on a project. Goetz previously worked in the construction field.

classes, which led him into the profession.

"I spent all four years with classes in the E-Building," Goetz said. "I've always been hands on, and I wanted to take the knowledge I have and transfer that to

my students. It was definitely the perfect position for me to want to move into."

Although "construction" and "teacher" are in the same area of expertise, the change was a big transition for Goetz.

"There is always a tough transition from job to job," Goetz said. "The people are different, the environment is different and the transition takes a while. I will say that transitioning from the construction industry to the teaching field is a very radical transition and more than I was expecting, but I have enjoyed it."

Although the new job may have taken a while to get accustomed to, Goetz said he looks forward to continuing the rest of the school year.

"I am excited to get to know my students and work on building the curriculum how I want to run it," Goetz said. "I am also trying to get more involved with STEM (Science, Technology, Engineering and Math) classes, such as renewable energy, robotics, drones, etc., and being able to do even more at Hays High."

Through new initiative, staff members monitor halls each morning

By Jessica Feyerherm
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Since early September, students may have noticed that more staff have been overseeing the hallways. This is due to a new initiative, called Arrowhead Supervision.

"It is all about the school environment," principal Shawn Henderson said. "We want teachers interacting

with students. We our students to feel safe and to feel noticed while connecting with the teachers."

From 7:35 to 7:55 a.m., teachers take their assigned spots around the building.

With updated security cameras, some students questioned why teachers needed to supervise the halls; however, Henderson said this goes beyond basic safety.

"We have the cameras for safety, but the teachers are there for more than safety," Henderson said. "They are there to connect to the students and get to know everybody."

Students have mixed feelings about this initiative.

"I think that this change is awesome," sophomore Galahad Nichols said. "The teachers can engage and interact with past students or

even ones they do not have in class. I think it's a great idea."

Other students have a different stance on the topic.

"I don't think the hallway supervision connects the teachers and students," sophomore Abigail Redding-Boyer said. "While saying 'hey' to teachers is fun, you need to stop and have conversations to form connections and relationships with people."



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TALENTS

QUESTION & ANSWER: DANCE INSTRUCTOR

New assistant principal Becky Hickert also taught dance lessons in the past

By Meg Taggart
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While many people know that new assistant principal Becky Hickert has experience in educating students, what they may not realize is that she also has experience in teaching dance lessons.

When and where were you a dance instructor?

"I was a ballroom and Latin dance instructor for Kansas State University and the University For Mankind (UFM), a community education organization in Manhattan, from 2001 to 2012."

How did you become a dance instructor?

"During one summer in college, a group of friends and I registered for the ballroom dance class through UFM. We enjoyed ourselves so much that we decided to enroll again in the fall, but my partner bailed on me midway through the semester. I often danced with other people in my area of the room and helped them learn the steps, and my instructor appreciated the help because our class had over 50 people. The last few weeks of the semester, I helped with demonstrations in class, and I became a permanent instructor the following semester. I learned the steps quickly because I had danced my whole life, including competitions and several college-level classes, and I was studying to be a teacher, so I used my classes there to help me with the presentation and



Becky Hickert

instruction part of class. I attended some workshops in San Francisco one summer and watched LOTS of 'Dancing with the Stars' and 'So You Think You Can Dance' to learn new steps!"

Why did you want to become a dance instructor?

"I have loved dancing my whole life, but I can't say it was something I ever thought of doing as a job, and ballroom dancing was not something that was popular when I was growing up. I didn't even realize it was an option in college until

my friends told me about it that summer. So, by taking the class, the job found me! My hobby and passion turned into a great part-time job because I was open to trying something new."

What is one story, funny, meaningful etc., that you could share about being a dance instructor?

"Every year, my students' final project was to choreograph a two-minute dance to the song of their choice using at least 10 steps that they had learned throughout the semester. One particular semester, my class was about 30 college students, along with one other couple in their mid-60s who met each other in my class three semesters prior and just kept coming back to class. That couple asked me if they could perform last, so after all the other students had performed, they took the floor. They danced a ChaChaCha to a Pitbull song – he was dressed in a white suit, and she wore a red sequined dress. They brought down the house with

a standing ovation from the rest of the class! After their performance, the man said to the class, 'Please keep putting yourself out there to learn new things. I know I'm not the best dancer, but I have so much fun at it. And, because of this class, I met this beautiful lady. And, I just want you all to know that, before class tonight, I proposed, and she's going to be my wife!' It was so incredibly touching! There were lots of couples who met and dated or married because of class over the years, but that was truly the most special moment in my 12 years teaching."

What was your favorite part?

"My favorite parts were the connections with my students, teaching couples a new skill that they learned together, providing a fun way for my students to meet new people and, above all, helping ALL of my students to realize they can dance!"

Why did you stop teaching?

"I stopped because I got very busy being the mom of a toddler and had another baby on the way. I was also working to finish my master's degree in School Counseling at that time and needed to focus on that work as well."

Do you still know all the dances?

"I do still know all the steps! I would love to teach again someday, but I would have to practice and get back in shape! It takes a lot of stamina and strength to maintain the posture for dancing."

Do you miss it? Why or why not?

"I do miss teaching dance – and dancing in general – a great deal! I'd love to dance again, but right now, my evenings are filled with activities with my own children and supporting HHS!"



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Boy Scouts of America allows girls to join troops in transition to Scouts of America

By Meg Taggart
23mtaggart@usd489.com

In February 2019, the Boy Scouts of America, along with the younger Cub Scouts, officially changed its name to Scouts, and in doing so, opened its doors to any girls wanting to join. This change has affected Hays, considering it has many scouts and troops.

Part of the reason for the change was the decline in current members and prospective members.

Boy Scouts had more than four million members in the 1970s, but the group was down to about 1.2 million this year. The numbers were even worse for Cub Scouts; according to the Boy Scouts of America, total Cub Scouts in 2019 was 1.97 million, and it dropped to 1.12 million in 2020, a 43 percent plunge.

The Girl Scouts say its youth membership fell by nearly 30 percent, from about 1.4 million in 2019-2020 to just more than one million this year.

Somereasonsforthedeclineincludecompetition from other extracurricular activities, such as sports or various clubs, and others chose not to participate because of not wanting to attend virtual meetings due to COVID-19.

“We had to resort to virtual meetings, but we continued to work together,” senior Grace McCord said. “a lot of events we were hoping to participate in were cancelled, but we managed to make up for those events and earn all of the badges we had hoped to before covid hit.”

Boy Scouts and Girl Scouts are similar, with Boy Scouts having seven ranks, the final being an Eagle Scout. Girl Scouts only have three ranks, but they are just as difficult to attain, with the final being the Gold Award.

“I would have to say that the differences between Girl Scouts and Boy Scouts is more than just cookies and popcorn,” junior Rylie Fairbank said. “Throughout Girl Scouts, we have done countless activities and projects, and we do more leadership and activities. When we camp, we camp in churches, museums, Strataca salt mines, etc. With BSA, we have camped in fields, pastures and more “traditional camping” from the summer heat to the freezing winters. We do more hands-on activities, emergency preparedness and survival skills.”

Fairbank started the first female Boy Scout troop in Hays; she is a part of Troop 101G, a branch of Troop 101.

“I am fine with the idea of Boy Scouts and Girl Scouts merging,” freshman John McCord said. “I just feel that if they [Boy Scouts] are going to allow girls, they need to put the boys and girls together rather than separating them. Otherwise, I see no reason for them to be called the same thing.”

Junior Cade Becker: Palco Golf Course Entrance

By Alexandra Coveney
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Junior Cade Becker is just beginning his Eagle Scout project, which he has named the “Palco Golf Course Entrance Renovation.”

“It is benefiting the city of Palco and other golfers that enjoy that golf course,” Becker said. “It also benefits my grandfather and I, who enjoy going there.”

Becker started working on the beginning phases of the project over the summer.

“I have gotten pictures, drawn some sketches and gotten it approved by the owners,” Becker said. “I still need to get [the plan] approved by the leaders, finish it and then have it approved.”

Becker chose this project because he and his grandpa go to the Palco Golf Course often.

“[The Palco Golf Course] is also close to my dad’s house, which is where all of our shop tools and such are,” Becker said.

Becker said he believes his favorite part of the project will be getting it done, seeing it finished and receiving his Eagle rank.

“It’s my favorite part because of the rush of adrenaline that comes along with the large accomplishment,” Becker said.

Becker said he chose to become a scout for the future benefits and social benefits that would come from scouting.

“I enjoy the outdoors, and I love helping other people,” Becker said. “The atmosphere of scouting is like no other; I wish others could experience it more.”



Cade Becker

senior Matthew Dempsey: Bethesda Place Patio

By Alexandra Coveney
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Senior Matthew Dempsey is in the finishing stages of his Eagle Scout project at Bethesda Place.

“I had to redo some garden beds, take out bricks and turn it into cement so the guys can walk better on it and move the dirt and bricks to different spot,” Dempsey said.

Dempsey completed his project in March 2020, with the physical work taking half a day. However, from beginning to end, Dempsey estimated that he spent close to 200 hours on the project.

“[My favorite part of the project was] probably seeing everyone work with the guys, the way I did,” Dempsey said.

Dempsey chose to have his project benefit Bethesda Place because he worked there and saw how hard it was for some of the residents there to walk on the beat-up bricks.

“[I decided to be involved in scouts] because I needed to do something else with my time besides sitting in my room all day,” Dempsey said.



Matthew Dempsey

HIGH ACHIEVEMENT

Eagle Scout is the highest attainable rank by scouts in the Boy Scouts of America program.

According to Ventura County Council. “Since BSA’s inception date, only four percent of scouts have earned their Eagle Scout rank.”

A scout demonstrates his or her ability to develop a project and lead at least two others during the project.

Scouts must work diligently to complete all requirements of an Eagle Scout project, which must benefit the community, and must complete a lengthy review process.

Before a scout’s 18th birthday, he or she must complete an Eagle Scout Rank Application, obtain signatures, finish the Eagle Scout project workbook, get the council to verify his or her application and finally have a Board of Review scheduled. In the application, the scout must list six references and state which positions of responsibility in the troop he or she has held.



Senior Carl Denny: Hays Christian Church Blessing Box & Parking Lot

By Alexandra Coveney
22acoveney@usd489.com

Senior Carl (CJ) Denny is currently wrapping up his Eagle Scout project, which is at the Hays Christian Church.

“My project benefitted the church by taking care of the parking lot, but also the people needing to reach the blessing box,” Denny said.

Denny created a new gap, allowing a more accessible path to the blessing box.

“Some of the many steps I have taken were reaching out to the Hays Christian Church board about the railroad ties, estimating pricing for ties and needed equipment, bringing my project idea to scout leaders to be approved, buying supplies, getting the word out when the physical labor was happening and, of course, doing the physical work of the project.”

The physical work included putting

railroad ties into the ground for new church parking.

“The physical work was finished in a little over four hours, thanks to the wonderful help from the other scouts,” Denny said.

Denny presented his idea to the Hays Christian Church board on March 21. After getting the supplies and planning the work, it was completed on Oct. 9.

Denny said the church and several people were concerned with the look and safety of the parking lot and accessibility to the blessing box.

“With my own concern and the church’s encouragement, I decided this was the project that called me to help my community the most,” Denny said. “Not only do I help Hays Christian Church, but also the families that rely on the blessing box.”

Denny’s final steps to becoming an Eagle Scout include getting paperwork

turned in and completing his Eagle Scout Board of Review.

Denny chose to get involved in scouts as a Cub Scout because he looked up to his dad, an Eagle Scout.

“Cub Scouts gave time to spend with him, and we have a better bond and understanding of each other,” Denny said.

Denny joined Boy Scouts because he was inspired by the men who were Eagle Scouts.

“I think some of my dad’s best traits comes from the scouts, and it was the best choice to grow into the person I wanted to be, an Eagle Scout,” Denny said.

Besides his project’s benefit to the community, Denny said his favorite part was having other scouts involved.

“Seeing the other scouts willing to help made me feel like I was part of a family through Boy Scouts,” Denny said. “This is even more so because they were helping with needed work for my church family.”



Carl Denny

Praises

- Smelling good
- SPF lip balm
- Young love
- Classic rock
- Adele
- Milk
- J & C <3
- Qdoba
- Podcasts
- Haunted houses
- The color yellow
- AirPods Pros
- Hardback books

Protests

- People who take forever to answer emails
- 3-in-1 shampoo
- Gender norms
- Cold weather
- Thirst traps
- Dry texting
- Puzzles

Playlist

Brooks Backowski
"Good Morning"
by Kanye West

Cade Becker
"Motorcycle"
by Colter Wall

Alexandra Coveney
"Spirits"
by The Strumbellas

Jessica Feyerherm
"Single Ladies"
by Kidz Bop

Eric Lucio
"Mr. Rager"
by Kid Cudi

Emry Lundy
"Impossible"
by James Arthur

Corey Musil
"Candy Paint"
by Post Malone

Madighan Norris
"It Just Doesn't Matter"
by Mac Miller

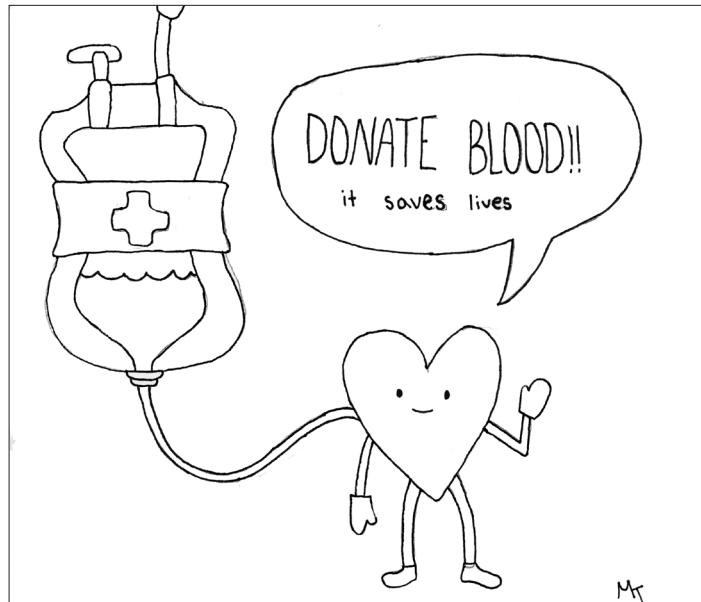
Ryan Schuckman
"Blood//Water"
by grandson

Brenna Schwien
"Easy on Me"
by Adele

Meg Taggart
"Sweden"
by Daniel Rosenfeld

Nikka Vuong
"Ivy"
by Frank Ocean

Jessica Augustine
"Just About Over You"
by Priscilla Block



Cartoon by Meg Taggart

Donating at blood drives should be students' social responsibility

Some students already participate in the blood drives that our school hosts, but with there being a blood shortage throughout the United States, it is even more important, for not only students, but also parents and staff members, to be active members in the donation process.

There are many benefits to donating blood. First, according to the American Red Cross at www.redcrossblood.org/local-homepage/news/article/blood-donation-importance.html, about every two seconds, someone in the United States needs blood, and that blood can be lifesaving to patients with cancer, chronic illnesses and traumatic injuries.

Also, according to the Red Cross, about 6.8 million people donate their blood, which plays into the diversity of the blood supply. Having a more diverse blood supply is beneficial because some types are very rare, and certain blood types are unique to ethnicities and races. Thus, having more donors ensures that different blood types are available for those who need that blood.

Finally, if you are vaccinated for COVID-19, the flu or any other virus, you can be an antibody carrier, and this can be beneficial for people who may not have antibodies at all. These antibodies can save their lives – all because you chose to donate your blood.

However, blood drives are not the only way to donate needed products. You can also donate plasma, which is done by a process that draws blood out of your arm, filters the plasma out and then returns the red blood cells back to your body.

Another way you can be involved in the donation process is to donate platelets, which is a process in which one arm is used to draw the blood, then the platelets are separated from the blood before the red blood cells are returned to the body in the other arm. Platelets are critical for patients with cancer and other chronic illnesses.

So, whether you decide to be involved by donating blood, plasma or platelets, it is important for you to make a difference in your community and the United States as a whole. Donating blood can save many lives, and it is important to exercise your right and involve yourself in the process of saving lives.

Opinion of the Guidon Staff

Agree: 9

Disagree: 4

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Information/Policies

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The Guidon is a student-produced newsmagazine published to inform and entertain the Hays High community, to record the history of the school and to serve as an educational tool for journalism students. Under the supervision of a faculty adviser, journalism students have the opportunities to inform, investigate, entertain, interpret and evaluate in an open forum – all accepted functions of the traditional free press – and have the responsibilities to provide accurate, fair, objective and truthful coverage. Should unintentional errors in content be made, they will be retracted in the next issue of the school year.

The views expressed here are those of The Guidon staff and do not express the opinions of the USD 489 Board of Education, administration, faculty or staff. Advertisements must meet content, deadline and size requirements, and acceptance does not constitute an endorsement from the student staff or by the school district.

The staff welcomes letters to the editor, as long as they are not libelous, an invasion of privacy, obscene or copyright protected. Letters must be signed and must include the writer's name, address and phone number.

The Guidon print edition earned the Kansas Scholastic Press Association All-Kansas Award in 2009, 2010, 2013, 2014, 2015, 2016, 2018, 2019 and 2021; received the National Scholastic Press Association Pacemaker Award in 2009; was an NSPA Pacemaker Finalist in 2009 and 2011; and received the NSPA First Class Award in 2012, 2018 and 2021. The Guidon online edition earned the KSPA All-Kansas Award in 2017 and 2018 and was an NSPA Pacemaker Finalist in 2019.

Other policy information is available upon request by contacting jaugustine@usd489.com.

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Storytime with Emry

Trip to the dentist's office turns into murder mystery investigation

The rich, earthy smell of crisp fallen leaves wafted through my open window, mingling with the warm spices of steaming chai tea. I sat perched on my windowsill wrapped in a fuzzy ashen grey blanket, but my mind was following Hercule Poirot through the busy streets of London on his way to the dreaded dentist office in the book "Hickory Dickory Dock." Once again, Agatha Christie entranced me in the simplest things, like her most famous private investigator's relatable odontophobia, or a fear of dentists.

Poirot's visit to his dentist, Dr. Morley, goes well enough, and soon, the pessimism that had been clouding his thoughts fades; he is free until his next checkup. However, Poirot finds himself returning to that office sooner than expected when, later that day, he is called in by Chief Inspector Japp to investigate Morley's unexpected death.

As always, Poirot has a wide arrangement of personalities and

motives that he must sort through to decide if the death was, in fact, a murder. He speaks with all of his suspects: the frugal Alistair Blunt, the simpering former actress Mabelle Sainsbury Seale, the hot-headed Howard Raikes, the secretive Frank Carter and the excitable boy who enjoys detective stories.

It was interesting to see the ways the differing personalities connected and clashed. One scene depicts the professional Inspector Japp in the same room as Miss Seale; he is desperate to flee the space when the conversation with her turns to her past and she excitedly informs him and Poirot of her past roles in theater productions.

The tale continues, and more misfortunes befall the group of people uniquely united through a visit to the dentist. Various plot twists, such

as more death, attempts on a rich man's life and disappearances, kept my attention throughout all 224 pages of the novel.

With a little less than a fourth of the novel left, I had an idea I was comfortable with accepting. There were several loose ends still hanging about, but the course of action I had decided on made sense.

I should have known better.

Christie's books always tie up every strand of possibility, making me wrong in my assumptions. The identity of the murderer surprised me, and even after the biggest reveal of the book, Christie closed out the story with one final secret outed on the last page — a hidden identity.

"Storytime with Emry" is a monthly column to review senior Emry Lundy's most recently read books.



By Emry Lundy
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Teenagers should have more familiarity with cryptocurrencies

Cryptocurrency, or "crypto," is a digital medium of exchange, which basically means digital "money." However, not too many people — especially younger people — do not know much about crypto yet, and they should get more informed.

Crypto, as of right now, is just technology. Certain people or groups create these digital "tokens" or "coins" in hopes that they will be adopted by companies and used to exchange goods or services. Cryptocurrencies can be bought and traded on digital asset exchanges.

Why should people know about crypto? A lot of it has to do with its use of blockchain technology, which cryptocurrency uses to work.

A blockchain uses computer science and math in a way that makes transactions difficult to alter or change. Some of these are decentralized peer-to-peer ways of

exchanging value.

First, if crypto ever becomes an actual fiat currency, or government-backed form of money, in the United States, blockchain technology would be a backbone of this financial system. This is because blockchain allows producers and buyers to exchange goods without the need for centralized institutions, such as banks.

Also, blockchain reduces the chances of error and fraud while increasing the efficiency of transactions, which, with increasing fraud threats, could be more helpful to users.

There are many different cryptocurrencies today, the first cryptocurrency being Bitcoin.

Bitcoin was first invented around 2008 and began to gain popularity in 2009. Bitcoin was created by an unknown person or group of people, known as "Satoshi Nakamoto." Like all cryptocurrencies, Bitcoin

started gaining value when people started paying attention to it.

Examples of other cryptocurrencies are, but are not limited to, Ethereum, Chainlink, Ripple XRP and Algorand.

How does one even obtain crypto? Well, you can buy and trade crypto on digital asset exchanges, like Coinbase. Coinbase is an app that acts similar to the stock-market, but it is used for cryptocurrency. You can also buy crypto on equity brokerages, like Robinhood.

I do not necessarily support or oppose the use of cryptocurrency; however, I do believe it will be a part of our future.

Because of that, I feel that it is important for people, especially teenagers, to at least know the basics about and definitions of crypto.

Some believe crypto is the future of finance, while others believe it is worthless. Whichever might be true, it is still a pivotal idea that could change the way our current financial system works.



By Madighan Norris
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COMMUNITY

ACTS OF SERVICE

Football team participates in community service to help others

By Corey Musil
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The Hays High varsity football team has a winning record on the season. However, the team, along with the junior varsity and freshman squads, are not just doing work on the football field.

Starting at the end of September, the teams started performing community service around the school and the community to help others. Some tasks that players have done include sorting papers, cleaning windows, vacuuming floors and other cleaning to help keep the school tidy and neat.

Head coach Tony Crough, along with his coaching staff, decided to have the players perform community services for various reasons.

"We just felt like maybe we could do some things for others, instead of being the focus of attention," Crough said. "A lot of our guys started getting a little bit consumed in themselves, and so, we thought it would be a good idea to pour our efforts in others instead of just always focusing on ourselves."

A couple of the goals of the community service, according to junior Quinton McGuire, is to bring the team closer together to have better relationships with one another and to serve the school.

"It makes us a much more tight-knit community, which is exactly what we need at this point in time," McGuire said.

Other good things to come from the community service are that it makes people's jobs easier, as well as makes the players feel good about helping others.

"I believe that doing things for the school and the community will spread and make a really good change," junior Ashton Putz said.

Also, the service projects give the players the chance to develop a mindset of helping others, which can benefit them in the future, too.

"[Community service] helps us [football players] have the mindset of putting others before ourselves and helps get things done," freshman Derek Quach said.



Photo by Maggi Lindenmeyer (Indian Call)

UNIFIED TEAM

At the start of the game against Garden City earlier this season, the Indian football players run onto the field. In addition to working hard on the field, the team started doing community service off the field to become more unified.



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CONDITIONING

Weightlifting benefits volleyball team this season

By Eric Lucio
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For the first time at Hays High, the volleyball team consistently lifted weights as a team this season.

While, in the past, weightlifting was thought of as what males did to “bulk up,” it has been shown to be beneficial to men and women alike.

“I believe that all athletes should be in the weight room to improve their strength, agility and joint stability,” volleyball head coach Shannon Funk said.

Injury prevention is integral to having a successful season, especially in volleyball, where losing an athlete can be detrimental to the team dynamic.

When athletes strengthen their bodies, and specifically their joint stability, the odds of them becoming injured is reduced. Because ligaments and tendons are accustomed to being under a load, players may be less prone to injuries.

For females, specifically, Funk said that it has been determined that weightlifting is critical to increased bone density and strength, two areas in which some high school girls may be lacking.

Additionally, lifting weights can help volleyball players jump higher, hit harder and move faster, according to Funk.

“I have chosen to include lifting weights in our Hays High volleyball training program this season for all of these reasons,” Funk said. “If we want to compete with the best programs in the state, we need to

do what it takes to become the best athletes possible, and weightlifting is one of those things that creates elite athletes.”

The volleyball team lifted two to three times a week, according to junior Carly Lang. Each day, they focused on different areas. One day, it could be back and shoulders; the next, it could be legs. Some days, they focused on themselves and rolled out on foam rollers.

“I think lifting weights has benefitted me because it has made me stronger, and lifting before practice helps me focus on still working hard even after feeling tired after the lift,” Lang said.

According to an article on Women’s Health, there are eight key benefits to strength training for women. The article says strength training builds muscle mass, makes joints stronger, is one of the best low-impact cardiovascular exercises, supports weight loss and weight management, improves cardiovascular health, protects bone health, improves mood and mental health and may help a person to live longer.

The difference has already been apparent, according to Funk; last year, the lady Indians had a record of 13-24, and this year, Hays ended the season 18-18.

Funk said she will continue having her athletes lift weights in future years in hopes that they can see the same improvement they have seen this year.



ATHLETES OF THE MONTH

CROSS COUNTRY

sophomore Leo Hernandez

“I think sports have taught me what I should truly find value in and what it means to be a better person and a better athlete. I believe they are important because sports have built me a family, purpose and world that allow me to escape and become better.”

GIRLS GOLF

junior Katie Dinkel

“Sports have taught me a lot of things over the years. I’ve learned perseverance, hard work and sportsmanship. I believe sports are important because they teach you life lessons. It’s also great to be a part of a team and work together to achieve a goal.”

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LIVE MUSIC

Students attend recent concerts, including Harry Styles, and reflect on their first experiences at major concerts

By Nikka Vuong
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As the world reopens following COVID-19, live concerts tours have been hosted by many well-known artists.

One of those artists is Harry Styles, whose "Love on Tour" concert many students, including senior Gracie Wente and sophomores Beth Bowles and Lacy Droegemeier, attended on Sept. 7 in Denver.

"My all-time favorite artist that I have seen in concert is Harry Styles," Droegemeier said. "He was energized and happy, and I love his music."

Bowles and Droegemeier attended the concert together.

"The best part of the concert was being with my best friend Lacy and getting to share that experience together," Bowles said. "We were in second row in the pit, and we got to experience the show so close and got to see him perform songs right in front of us. It was amazing to get to interact and be that close to Harry for the show!"

Wente has been to four other major concerts in the past, including Taylor Swift, Declan McKenna, The Regrettes and Machine Gun Kelly.

"My first ever concert was Taylor Swift, I was in fourth

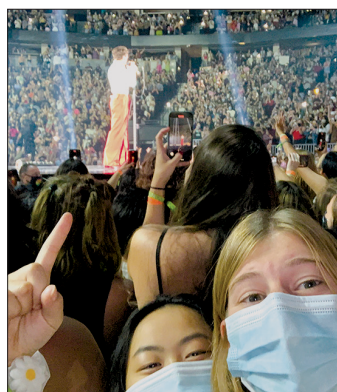
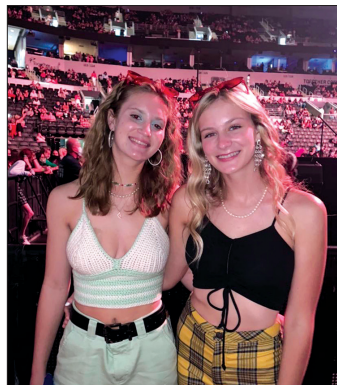
grade and I went for my cousin's birthday," Wente said. "It was super cool. I had never experienced anything like it before. We had VIP tickets, so our seats were very good, and we were able to meet Taylor's mom. It's hard to choose just one person to say I liked the best, but I think I would have to go with Harry Styles!"

While Bowles said her first concert was Maddie and Tae, Droegemeier attended her first concert with VIP tickets.

"My first real concert was Big Time Rush in 2015," Droegemeier said. "I decided to go to that concert because I was a huge fan girl. I bought all their merchandise. My favorite part was meeting them. Since it was my first concert, I didn't really know what to do, but it was really fun."

Bowles and Droegemeier plan to attend more concerts, and Wente has five more concerts lined up: The Driver Era, Louis Tomlinson, Tyler the Creator, Billie Eilish and Wallows.

"I recommend everyone experience concerts because they are one of those things you won't get to experience much," Bowles said. "So, if you're wanting to go see your favorite artist, DO IT!"



Photos courtesy of
Lacy Droegemeier & Gracie Wente

FAVORITE CONCERT

At the Harry Styles concert on Sept. 7 in Denver, Colo., sophomores Lacy Droegemeier and Beth Bowles (top) and senior Gracie Wente (bottom) enjoy one of their first concert experiences since COVID-19 started.



Q: What do you get if you cross a turkey with a ghost?
A: A poultry-geist.

Q: What key has legs and can't open a door?
A: A turkey.

Q: What vegetables would you like with your Thanksgiving dinner?
A: Beets me!

Q: Why did they let the turkey join the band?
A: Because he had his own drumsticks.

Q: What did Pilgrims use to bake?
A: May-flour!

Q: Why did the cranberries turn red?
A: Because they saw the turkey dressing.

Q: What sound does a turkey's phone make?
A: Wing-wing-wing!

Q: What do you wear to Thanksgiving dinner?
A: A har-vest.

Q: What kind of music did the Pilgrims listen to?
A: Plymouth Rock.

Q: What do you call a turkey that runs?
A: Fast food.

Q: What's blue and covered in feathers?
A: A turkey holding its breath.

Q: Why was the turkey put in jail?
A: The police suspected fowl play.

THE GUIDON WORD SEARCH

Answers come from this
Guidon newsmagazine &
the online Guidon at
www.hayshighguidon.com

1. Musical
2. Scouts
3. Arrowhead
4. Weightlifting
5. Blood
6. Donation
7. Storytime
8. Cryptocurrency
9. Service
10. Construction
11. Themes
12. Computer
13. Disc Golf
14. Ballroom
15. Concert

L X B A L L R O O M G L W T Z
X Y O X C A A R R O W H E A D
M C B Z N C O A C V F T I C D
F N J G Z I H C B B H Y G O L
L E E O K S V E S E J C H N B
T R P A N U O S M I F O T S S
C R M E B M T E W Z D O L T G
J U F L M U S B C Q Y B I R T
R C O N O I T A N O D I F U E
W O O C R E T U P M O C T C P
D T S N W B X Y Q T L Y I T F
T P W V C T J C R A Z V N I L
C Y H L M E B W S O R H G O O
K R D S V D R C X E T R T N G
U C J W Q Z G T S K U S J T G

Puzzle by Brooks Baczkowski



Nov. 5
- "Eternals"
- "Finch"

Nov. 10
- "Clifford the Big Red Dog"

Nov. 12
- "A Boy Called Christmas"

Nov. 19
- "Ghostbusters: Afterlife"
- "King Richard"

Nov. 24
- "Encanto"

Nov. 26
- "Licorice Pizza"