



TRICK OR TREAT
Hays High School DECA helps
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Trick or Treat So Others Can Eat Event
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Q AND A
Professional Choreographer
holds Q & A with
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THE GUIDON

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FUTURE PREPARATION

Students participate in mock interviews

By Nikka Vuong
Hays High Guidon

Most jobs will require an interview for the employer to know who they are hiring. The interview process can consist of many different steps.

In order to practice this process and to learn their strengths and weaknesses when being interviewed, all seniors were required to do a mock interview on Sept. 18 or 19 for their English classes.

“We do panel presentations first, where we have the volunteers come in and talk to the students about how they should act in an interview, how they should dress and what are the expectations that employers

• See “Interviews” pg. 2



ALEXIS PFANNENSTIEL / The Guidon

Community members volunteer to interview seniors during the mock interviews held on Sept. 18 and 19 in the English Department.

RESPONSIBLE STUDENTS

Teachers encourage students to be more stable financially

By Michaela Austin
Hays High Guidon

Almost all people have struggled with money management at some point of their lives. Whether it is attempting to increase their income or simply not knowing how to manage their finances, money management is a common issue among high school students.

Some people do not know how much money they should be saving, and some do not save any money at all, but taking a Personal Finance class can help students to learn these things.

“Always set aside a portion of your paycheck, at least 10 to 20 percent, for every month for un-

expected emergencies and your long-term savings goals,” Personal Finance instructor Silas Hibbs said.

According to “Foundations in Personal Finance” by Dave Ramsey, people need to know their “money personality.” Does money frustrate you? Is money everything, or is it not everything? You will need to analyze your money habits.

According to Ramsey, a good way to always make sure a person is handling his or her money well is by following Ramsey’s Five Foundations. The Five Foundations are to “Save a \$500 Emergency Fund,” “Get Out of

• See “Money” pg. 2

SCHOOL LIFE

Night at the Lab

Students travel to Colby for science-related competition

By Michaela Austin
Hays High Guidon

According to the University of Kansas Medical Center’s website, KU Night @ the Lab was created to “provide an opportunity for high school students to explore the connections between health and science and showcase their knowledge to the community.”

The event’s website says that the students will gain experience in professional presentation skills and research skills.

“Each team was randomly assigned a health topic dealing with cardiovascular or respiratory systems,” instructor Lynn Zimmerman said. “They only had three weeks to prepare, and they had to create a visual display and document their resources in a binder. Most of their research was conducted outside of class time and included readings from scientific journals and reputable online sources, such as *PubMed* and the *NIH* (National Institute of Health).”

Northwestern Regionals took place at Colby Community College on Oct. 9. Each presentation was judged by a panel of community volunteers.

“When the results were tallied, the HHS team of [junior] Marrissa Raynesford, [senior] Taylor Weidenhaft and [senior] Mulu Bannister team won first place with their presentation

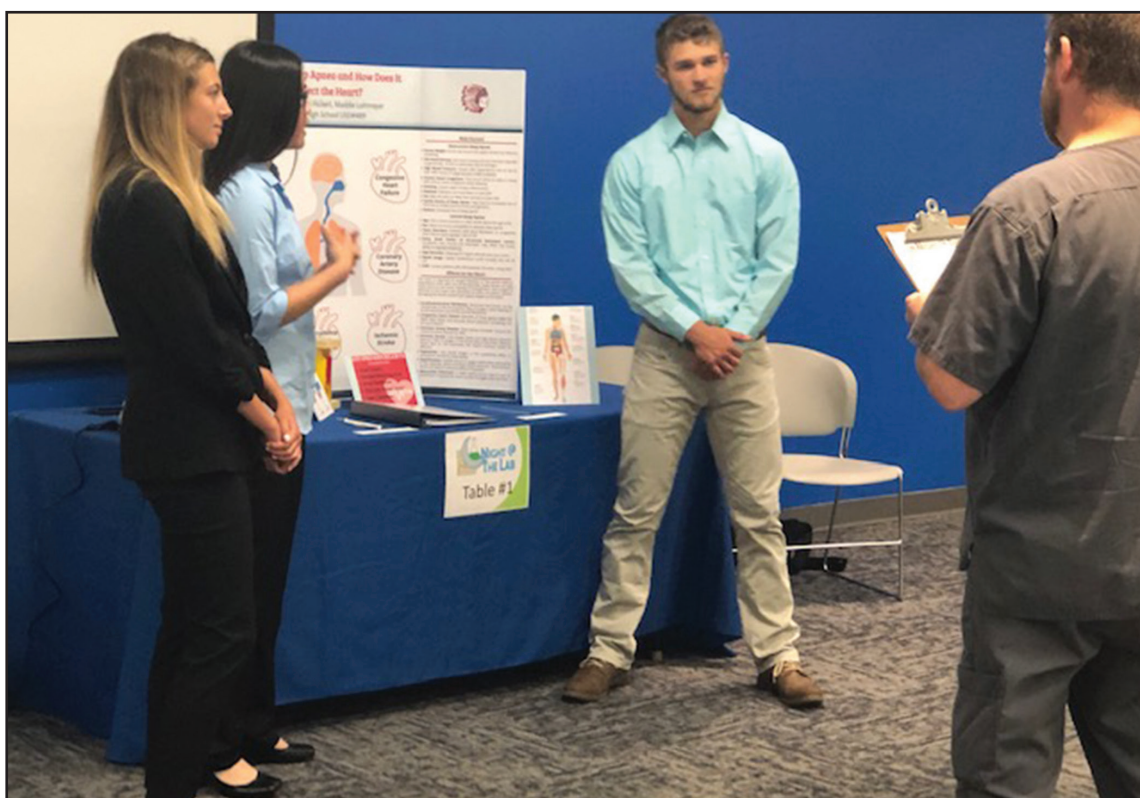
on ‘The Warning Signs of Lung Disease’ and will now advance to the state competition at KU Med Center later this fall,” Zimmerman said.

Hays High took a total of five teams to regionals. Each team had a different topic, and three members were in each team. The teams had a total of three weeks to work on their projects. To prepare for their presentations, the groups had to research their medical topic, create a visual display and give an oral presentation on the medical topic.

“At the event, each team gave a four-minute oral presentation to three judges, followed by five minutes of questions from the judges,” Zimmerman said. “My role was to provide guidance and direction as to how each team should approach their topic and make available some of the visual aids the students requested.”

The students who went to regionals were juniors Kaili Bethel, Trista Flock, Ginny Ke and Raynesford and seniors Bannister, Adrian Drees, Levi Hickert, Brandon Kennemer, Maddie Lohmeyer, Olivia Reed, Kari Satomi, Isaac Smith, Emma Pfannenstiel, Lucas Pfannenstiel and Weidenhaft.

“Our presentation topic is, ‘What is Sleep Apnea and How does it Affect the Heart?’” Ke said. “I have learned about what sleep apnea is, the causes, effects on the heart, overall effects, pre-



ALEXIS PFANNENSTIEL / The Guidon

Senior Maddie Lohmeyer, junior Ginny Ke and senior Levi Hickert respond to questions in Colby as they compete at KU Night @ the Lab on Oct. 9.

vention and treatment.”

Last year, Ke won at state, along with 2019 graduate Johnny Fuller and junior Callie Raacke. Their presentation was over the topic of high blood pressure.

There is total of six regional competitions across the state.

One team from each competition will move on to state. State will take place on Nov. 19 in Kansas City.

“I’m so proud of all five of the HHS teams that participated at the KU Night @ the Lab,” Zimmerman said. “The judges all have advanced degrees in

science, which was a concern expressed by several students, because they felt that the questions might delve into very technical aspects of their topic. However, I was impressed with our students’ professionalism and ability to think on their feet!”

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YOUR VIEW

Are you good or bad at saving money?

“I’m kind of bad at saving money because I always go out with my friends and then buy something stupid for a few dollars. It does really add up.”
—junior Alisara Arial

“I’m really bad at saving money because gas prices are insane for a 40-mile trip each day.”
—sophomore Carson Brooksher

“I am better at saving my money than most people because I don’t like to spend my money on silly things. I only spend it on food and my absolute necessities.”
—sophomore Sydney Wittkorn

“I am excellent at saving money because it kills me to spend money. I’m like ‘Ah, I could use that in the future.’”
—senior Nathan Leiker

“I cannot save my money because anything I see, I want it.”
—sophomore Kayla Apalategui

“I think I am good at saving money because I only spend money in cash and not out of my checking account. When you spend money with cash, you feel more on how much you’re spending. It makes you more aware of how much you’re actually spending instead of if you are using your checking account and not realizing that you spent \$50 on fast food in a week.”
—sophomore Tyler Solida

“I am very good at saving money because I’m the ninth of 10 kids, so we never had money. So, the money we had we had to be careful with, and I raised three daughters.”
—Principal Martin Straub

INTERVIEWS/Community volunteers interview seniors

• FROM PAGE 1

have of their employees, especially once they get the job,” English teacher Kathy Wagoner said.

After the panel presentations were completed, students received a 20-minute slot to be interviewed the following class day. Interviews lasted approximately 15 minutes, and then the interviewer would give the seniors constructive criticism.

The volunteers who helped with the mock interview process ranged from a wide variety of places in the community.

“Volunteers came from Hays Medical Center, Fort Hays State University, volunteers from the different banks, insurance companies, Midwest Energy, Nex-Tech, Eagle Communications and Hays Public Library,” Wagoner said. “This year, we had approximately 42 volunteers.”

Students then received their rubrics the following class. Many of the seniors agreed that the mock interviews were very beneficial and helped them experience what an interview is like.

“I think that having an opportunity to do some-

thing like that is really good because it is helpful for kids that don’t know how to have the one-on-one interview with an interviewer,” senior Davontai Robinson said. “So, next time when they have a real interview, it will be more comfortable for them.”

Senior Katelyn Engel found the mock interviews to be very helpful. But, she also said that she wished she taken them more seriously, as this was just for a grade rather than for real life.

“You recognize what you’re good at and what

you’re not,” senior Ashley Wilson said. “They tell you on a piece of paper what your strengths are and what you need to work on.”

“For me personally, I didn’t go in depth with a lot of questions he asked me, so that was one of my weaknesses. I do feel like we should have started doing mock interviews as sophomores and juniors because, often times, people get jobs before their senior year.”

The only aspect of the mock interview process that Wagoner said she would like to eventually change is to match the

student’s career choice with the interviewer’s career to make the process even more relevant.

“If I know some students that want to go into cosmetology, I would try to get some cosmetologist here,” Wagoner said. “So, they can have a good conversation about the career as they interview. Same thing with students who maybe want to go into the oil fields or work in automotive. That’s the challenging part because our kids have diverse interests and there are students every hour.”

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MONEY/Students learn money management skills in classes

• FROM PAGE 1

Debt,” “Pay Cash for Your Car,” “Pay Cash for Your College” and “Build Wealth and Give.”

The first foundation, “Save a \$500 Emergency Fund,” should be achieved as quickly as possible, and it should be kept in a savings account at a bank, making it harder for people to spend the cash in their wallet.

The emergency fund should only be used for absolute emergencies. When students are older, they will need to grow their emergency fund into a full three to six months’ worth of expenses.

“Foundations in Personal Finance” also states that there is no such thing as “good debt.” It says people should avoid credit cards and all types of loans, so they do not have to deal with debt.

Also, the book suggests paying for vehicles with cash. People should not go into debt over a car, especially since its value depreciates over time. If one

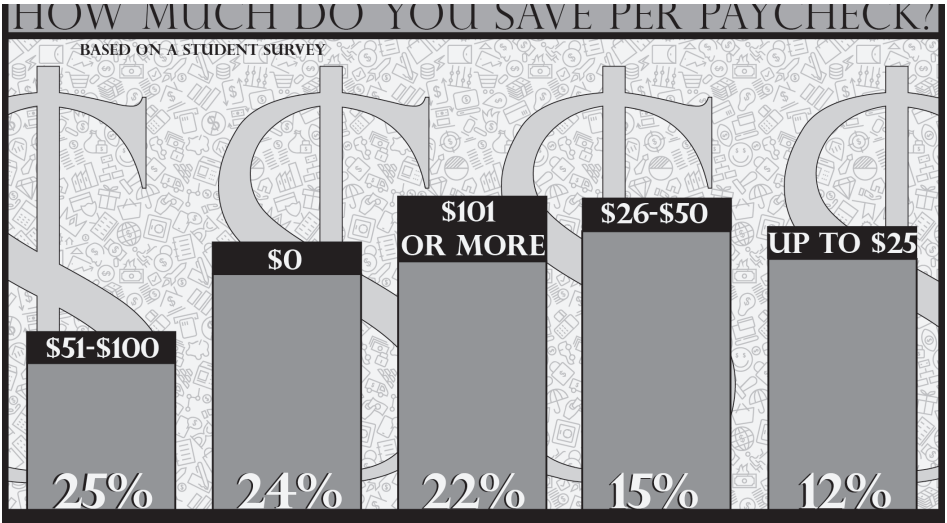
chooses to have a car loan, he or she will spend more on the car than what it was originally worth due to interest rates.

One of high school students’ biggest concerns is how they are going to pay for college. Going back to Ramsey’s idea of avoiding debt, avoiding student loans must not be exempt from this rule.

One way students can minimize the cost of going to college is by going to an in-state community college for the first two years, and then moving on to the college of their dreams. Exploring grants and applying for scholarships and financial aid is also a great way to help pay for college.

“Foundations in Personal Finance” offers a variety of options dealing with how to invest and build personal wealth. Some of these include single stocks, bonds and mutual funds.

People can also invest their money into an Individual Retirement Arrangement (IRA) or a Roth



ALEXIS PFANNENSTIEL/The Guidon

IRA.

A great way to learn about how to manage money is by taking a Personal Finance class, such as the one offered here at the school. Personal Finance is filled with informational discussions, videos and references to look back on.

“Regardless of your economic background, social status or career choice, everyone will be responsible for handling money,” instructor Shaina Prough said. “The sooner you

learn the skills to handle money, the greater chance you have of finding financial success in your adult life.”

According to “Foundations in Personal Finance,” one of the most important things to remember about managing one’s finances is that it is 80 percent behavior and 20 percent knowledge.

Hibbs said that it is important for people to understand the true cost of living in their area.

He suggests that students ask their parents any questions they may have.

“You might end up with a little more respect for them,” Hibbs said. “Seek wisdom and advice from someone whom you trust, respect and consider wise in relation to various financial decisions. They might have knowledge worth sharing. Learning from someone else’s mistakes is far less painful.”

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Scholarship Opportunities

The VFW (Veterans of Foreign Wars) and Auxiliary support these scholarships:

- VOD (Voice of Democracy) – Audio essay contest for grades 9-12
- Patriotic Art – Art contest for grades 9-12
- Continuing Education Scholarship - awarded to Members, as well as the child or grandchild of a VFW Auxiliary Member – 18+ years



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STUDENT LIFE

LIVING IN THE MOMENT

Many opportunities for involvement exist throughout school

By Levi Weilert
Hays High Guidon

At Hays High, there are many extracurricular activities that students can be involved in. Sports like baseball, basketball, cross country, football, golf, soccer, softball, swimming, tennis, track, volleyball and wrestling are all available for students to be a part of.

Music, like Marching Band, Concert Orchestra, Chamber Orchestra, Choir and Chamber Singers, are courses students who are interested in can take.

Hays High even has a variety of student-led news publications, from *The Guidon*, yearbook, web team and Tribe Broadcasting.

Many students are involved in multiple groups or clubs as well. A few examples of them are StuCo, Knitting Club, Guitar Club or DECA.

According to the U.S. Census Bureau, 57 percent of children between 6 and 17 participate in at least one extracurricular

activity.

Amy Miller, a counselor here at Hays High, said being involved in activities helps students in a number of ways.

“Getting involved in activities is a way to meet different people,” Miller said. “By getting involved, students can meet a lot of people who they can talk to during lunch, at school events, in classes, etc.”

Miller also explained how being involved in school activities can help develop lifelong skills.

“My husband was involved in FFA in high school,” Miller said. “He is now the president of a local water district. His knowledge of how to properly run a board meeting and the proper way to bring a motion to vote is an something he learned from FFA in high school.”

Another benefit of being involved is the memories can create as well as helping to develop a sense of community or belonging, according to Miller.

“I have known numerous students over the

years who were officers in organizations such as StuCo, FFA, etc. that went on to be involved in leadership opportunities in college and in their communities,” Miller said. “I have also known many students whose interests in athletics have led them to become physical education teachers, physical therapists and coaches.

“Being involved in activities in high school provides students the opportunity to learn about commitment and working with others, but it also allows them to learn about themselves and discover their strengths and weaknesses. All of which are essential skills that employers are looking for and that help a person live a fulfilling and successful life.”

Not only does being involved in activities help you meet new people and give you a sense of belonging, but it can also give you lifelong skills, memories, and more opportunity, according to Miller.

“[Students] need to be



ALEXIS PFANNENSTIEL / The Guidon

involved,” Miller said. “Students who are involved in activities are less likely to be at risk to drop out of high school. They also feel a greater sense of belonging and can become a part of a community at HHS. Scholarship

committees and colleges are looking for people who are involved in their high school and community. They want students who exhibit leadership skills and who are not afraid to get involved in activities.”
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YOUR VIEW

What activities are you involved in at Hays High?

- “I’m in Chamber Singers, Marching Band, soccer and musical.”
—sophomore Carson Brooksher
- “Tennis and Art Club, and I was in band, softball and musical.”
—senior Moriah DeBay
- “I’m apart of musical and Marching Band.”
—sophomore Stanna Flinn
- “I play golf, and I’m involved in Marching Band, Scholars Bowl and Science Olympiad.”
—junior Sophia Garrison
- “I’m involved in musical, golf and StuCo.”
—sophomore Summer Schneider
- “I do basketball, track and athletic training.”
—junior Reanna Green
- “The only thing I’m involved in is band.”
—sophomore Kayla Apalategui
- “I’m in Chamber Singers, Marching Band and the musical mostly.”
—junior Kai Kaufman
- “I’m not involved because I don’t like anyone.”
—junior Kilee Hale

Seniors reminisce on high school experience, share advice for others

By Allison Brooks
Hays High Guidon

Throughout high school, there are many factors that play a role in a student’s overall experience, including being involved in clubs and sports, having a job and having a social life.

Students’ perspectives on high school tend to change by the time they are seniors, and the last thing they want is to look back and regret the way they spent their years in school.

One major regret that some seniors seem to have is the amount of time they spent procrastinating their schoolwork.

“Putting off homework really comes back to bite you,” senior Maddie Lohmeyer said. “Plus, once you’re done with the work, you feel accomplished and don’t have the burden of the work you need to do hanging over you. It makes it so much easier to be present in the moment



PAIGE POLIFKA-DENSON/ The Guidon

Along with senior Nathan Erbert, senior Maddie Lohmeyer was a Homecoming candidate this year. Lohmeyer has gotten involved in many different activities throughout her high school career and said she encourages others to do the same.

you’re living in.”

Senior Yesenia Maldonado agreed with that and added that students should use their class time wisely to get homework done.

Another activity that has helped students academically is to develop an organizational system.

“One thing I do that has always helped me is to stay organized,” senior Emma Pfannenstiel. “Having an agenda is one of the most necessary things for me. I am big dumb; I will forget everything.”

Aside from academics, there are many other aspects that can make or break a student’s high school experience, such as being in clubs or attending school dances.

“It’s cliché, but getting involved is so important,” senior Carson Ackerman said. “That is where you will make memories and friends. I don’t think you’ll get the full high school experience if you don’t go out and get involved.”

Maldonado said she believes that her mindset has contributed greatly to her positive high school experiences.

“It’s helped me step outside of my comfort zone, try new things, talk to different people and just enjoy the whole high school experience,” Maldonado said.

Pfannenstiel said that she waited until later in high school to get involved and now regrets it.

“I wish I would have been more involved and just put myself out there more,” Pfannenstiel said. “My freshman year, I was a big, scared baby and didn’t do anything.”

Expanding one’s comfort zone seems to be a common theme for seniors. Lohmeyer said she believes that it helped her meet many friends that she would not have otherwise known.

“There are some amazing individuals at Hays High, and most people are super friendly,” Lohmeyer

said. “Twenty seconds of courage to approach someone could end up in a life-long friendship.”

High school is the last bit of time in a person’s life before they enter the adult world, and Pfannenstiel said she believes people should take advantage of this time before they have the responsibility of being an adult.

“What they say is true,” Pfannenstiel said. “High school goes by way too fast, so enjoy it while you can. I know it sucks, but it is the last time we have zero responsibility within ourselves, so enjoy it.”

Maldonado also said she feels lucky to have the opportunities she has had at Hays High encouraged others to make the most out of their time in school.

“All I have to say is stay humble and remain blessed because Hays High really is a good school; you just have to make the most out of it,” Maldonado said.

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YOUR VIEW

What was your favorite Spirit Day?

“Disney Day, because I had many ways to roast people about their outfits.”
—sophomore Dylan Green

“My favorite was probably Celebrity Day.”
—junior Fernando Zarate

“Disney Day.”
—sophomore Karson Russell

“I liked the Disney Day because people got really creative.”
—senior Adrian Drees

“Definitely Celebrity Tuesday.”
—junior Cristina Leos

“My favorite Spirit Day would have been Dress-Up Day because I loved seeing what everyone was going to where to Homecoming a day early.”
—senior Gavin Manning

“Probably Disney Day.”
—sophomore Grant Tesluk

“Disney Day because I painted myself green.”
—junior Emmy Morely

“Dress-Up Day because I like dressing up.”
—junior Hope Kisner

“I liked Jersey Day because it was easy to dress up for.”
—junior Kilee Hale

Do you ever listen to music on SoundCloud?

“I guess I’m not really into that kind of music.”
—junior Anna Brull

“I like listening to music on there sometimes, but other times, it’s really cringey and awkward to listen to.”
—junior Hope Schumacher

“No, because I’ve never heard of it.”
—senior Darian Rogers

“No, because it’s fake music.”
—junior Fernando Zarate

“Very rarely, but when I do, it’s Connor Olson, not SPS.”
—senior Emma Pfannenstiel

“No, because I don’t listen to trash.”
—junior Hope Kisner

“I use it because I think it’s funny when people at school think they can rap.”
—junior Emmy Morely

STUDENT LIFE

Alumni return for Homecoming
Classes from 1949 to 2014 celebrate at formal assembly

By McKena McBride
Hays High Guidon

Hays High Homecoming occurred in Gym B on Saturday, Sept. 28. The Homecoming pep assembly was on Friday, Sept. 27, the day before.

Many alumni from past classes attend the Homecoming assembly each year. In these alumni lie the previous year’s winning Homecoming candidates and individuals who are now teachers. The winning Homecoming candidates from last year were Brittani Park and Peyton Thorell.

Park said she was very happy to come back this year for the assembly.

“I loved seeing all of my friends that were still in high school and all of the lovely candidates being recognized,” Park said. “I am honestly glad I graduated because voting would have been impossible.”

Three teachers at Hays High who are alumni include Dustin Dreher, Abby Gillan and Heath Meder. Dreher now teaches Advanced Geometry and Advanced Algebra 2. He graduated from Hays High in 1998.

Dreher said when he attended Hays High as a student, there was a lot more participation in the Homecoming activities.

“I remember the gym being packed during the formal assembly,” Dreher said. “Not near as many students left school instead of going assembly. It’s a thing that a lot of alumni that come back have asked me about the last few years. They’re always surprised by how few students attend.”

Gillan, a graduate of 2001 who now teaches Sociology, American History and AP American History, said there are not many major differences she notices between Homecoming now and the way students celebrated in the past.

“A few differences would be the start of Homecoming week now begins with float building on Sunday,” Gillan said. “When I was in high school, it started with class competitions of powder puff football for girls and volleyball for the guys on Sunday afternoon. After that, people went to build the class floats.”

Gillan said she has noticed how students are not

as involved in float building as they used to be.

“Another difference is participation in float building,” Gillan said. “I remember so many more people helping and way more parents being there.”

Gillan said she remembers her first Homecoming, going as a freshman.

“It was fun because it was a new experience as a freshman,” Gillan said. “I enjoyed high school and all of the social opportunities it presented.”

Gillan said she still misses certain things about being in high school.

“What I miss about high school is getting to see my friends every day and worry about stuff, like homework and sports,” Gillan said. “It seemed so dramatic then, but compared to college, and adulthood in general, I would trade my stress now for the stress I had back then in a heartbeat.”

Gillan said that her advice to students about Homecoming, and life in general, is to get involved.

“I understand not all students have that luxury, and I wish they did,” Gillan said. “But, if it’s an option, go to float building, partici-



EMMA PFANNENSTIEL/ Indian Call

Brittani Park and Peyton Thorell were two alumni who returned for Homecoming on Sept. 27. They crowned this year’s queen and king, Made-lyn Waddell and Tommy Brooks, at the ceremony.

pate in the Spirit Days, go to the bonfire, the parade, the game, the dance. Just be around people. Find who your people are.”

Park had a similar opinion to Gillan. She insisted that being involved in the Homecoming festivities is something all students should try to be a part in.

“Go all out,” Park said. “No one looks back and says, ‘I shouldn’t have gone so hard,’ no. This is something that is over for good once it’s over. Enjoy it, every single piece of it.”

Gillan continued and said

she encourages students to socialize with peers.

“A lot of the people you meet growing up and in high school will leave your life once you are done with school here, but the ones that you really connect with will be your friends for life,” Gillan said. “If you haven’t found your people, you aren’t going to meet them in your parent’s basement or even on ‘Snapchat.’ Go meet some people IRL. Homecoming is a great week to make those connections.”

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Students make original songs using ‘SoundCloud’

By Allison Brooks
Hays High Guidon

Over time, people have found many unique ways to combat boredom, and one of the more uncommon ways that students have been taking part in is making SoundCloud raps.

“We were bored one day and were thinking of what to do, then, boom, we started a song,” junior Dawson Vonfeldt said.

SoundCloud is an app that allows users to upload and promote their music. It is a mix of a social media and a music app.

Many students have picked up on the trend of becoming a SoundCloud rapper by making songs with their friends.

Senior Coby Braun has uploaded two different songs to the app that he made with his friends. Between their two songs, they have gained around, 5,000 plays on the app.

“It took hard work, dedi-



COURTESY

Juniors Cooper Young, Dawson Vonfeldt, Nic Park and Kyler Beckman, along with TJ Nunnery, made their own song on SoundCloud over the summer. They dressed as stereotypical SoundCloud rappers for a Homecoming Spirit Day.

cation, blood, sweat and tears,” Braun said.

Over the summer, ju-

niors Kyler Beckman, TJ Nunnery, Nic Park and Cooper Young, along with

Vonfeldt, all made a rap together.

“We wanted to make a

song because we thought it would be a fun time and it would be memorable,” Young said.

There are many components that go into making a song, all of which can seem a little overwhelming to someone who has never made music before.

“In order to make the song, we had to first find a beat, then write and say our parts/adlibs and finally edit them all together on the computer using ‘Audacity,’” Young said.

According to the group, it was a long process from start to finish.

“It was just something to keep us busy for a day, and it did,” Vonfeldt said.

Their song has gained the interest of many of their peers and gotten more than 1,100 plays.

“We are looking to come out with more music in the future, as it was a very fun, yet challenging, process,” Vonfeldt said.

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IN-DEPTH SPOOKY SEASON SPECIAL

THE GUIDON • THURSDAY, OCTOBER 17, 2019 • 6-7

Get hooked on haunted hotspots

Opinions on the supernatural vary greatly from person to person.

Within the halls of Hays High School, people have incredible stories as to why or why not they feed into the spooky season. The student body has a diverse group of individuals with their own ideas on what is spooky and what is just fake. Some people base their beliefs in the supernatural off encounters or personal experiences.

"I believe in ghosts because there are supernatural occurrences happening all over, and I have a story of being personally haunted," sophomore Anneliese Marecic said.

Others have less personal experience and just like to believe in something bigger than themselves.

"I believe in ghosts because there is already so much known about them, and sometimes you feel

like someone is in the room when really there is no one there," junior Andrea Lopez said.

Believer or non-believer, the Halloween season is here. With that in mind now is the time for skeptics to open their minds and believers to venture out.

As spooky season rolls around, people are looking for an affordable scare. All around the town of Hays are creepy hotspots for those in need of them.

According to the Old School Paranormal ghost hunters here in Hays, there are more than enough nearby opportunities to experience genuine supernatural encounters.

As a densely packed historical town, there are many people who could tell you their personal experiences with the restless spirits seen or encountered around Hays.

A well-known haunted spot in town

is Sentential Hill, also known as the resting place of The Blue Light Lady. It is rumored that the departed nurse haunts the hill and the road around it.

There have been reports of people seeing a woman in a blue dress wandering around the hill. Some reports go as far as to say they thought they hit a lady in a blue dress. Once they got out of the car, they would discover that they had not hit anything at all.

Though that is a commonly known spot for paranormal activity, there are more underrated haunted hotspots.

The Hays Public Library is a hotspot for unearthly energies and sightings. There have been accounts of multiple spirits or ghosts.

When pursued by Old School Paranormal, they found that the spirits were able to communicate through lights and noises. Skeptics be-

ware, but there has been "proof" found through professional ghost hunting equipment.

If you are willing to travel for a scare, you could find luck right next door. Ellis' Arthur's Pizza and Mexican Food has also been a supposed paranormal hotspot.

There have been reports of whispers and creepy moments where the room may not be empty. Either way you slice it, the aura is very creepy.

Energies, spirits, ghosts and ghouls; no matter your beliefs, spooky season is a go. Get up and look around. Be safe and be smart.

Hays, Ellis, Victoria and many more nearby places offer the opportunity to experience a quality scare this season.

"Yes, even though I've never experienced a ghost first hand, I still enjoy the pursuit of the supernatural," senior Braden Stauth said. 20ppolifkadenson@usd489.com

You ever had intense feeling for someone only to be let down weeks later due to his or her failure to talk to you AT ALL? You are not the only one.

According to *Psychology Today*, there was some research done by Gili Freedman and colleagues have recently published in the *Journal of Social and Personal Relationships*. They put together two different online surveys of American adults. The first included 554 participants, and the second included 747 participants.

In both studies, about 25 percent of participants claimed that they had been ghosted by a previous partner, and about 20 percent indicated that they had ghosted someone else.

"Ghosting" is when an individual starts avoiding someone. They do not answer text messages or calls, they avoid you in the halls, just full on block you on Snapchat, etc. Though some might not admit to this act, surprisingly, a lot of

high schoolers have experienced either being ghosted or have ghosted another.

Being "ghosted" usually occurs with someone's past romantic partner, but it can also happen with a close friend or someone you may have just met.

"I have only really been ghosted once that was actually bad," sophomore Grant Tesluk said. "Most times it usually doesn't affect me. The first time I really got ghosted was last year. I was in an argument with someone, when they suddenly stopped talking to me. After a week or two of not answering me they just randomly blocked me when I tried to reach out to them one last time."

There are many different reasons that certain people have ghosted someone.

"I'll be honest, I've probably ghosted someone before," Tesluk said. "The main reason I would ghost someone is if they were trying to make me angry on purpose or upset me."

According to senior Lucas Pfannen-

stiel, a reason he has ghosted someone was because they were being too clingy.

"I think people ghost others because they don't know how to say 'no,'" Pfannenstiel said.

When being ghosted, students seemed to have had mixed reactions.

"It didn't bother me too much, but lowkey stung," Pfannenstiel said.

Junior Camille Moore said she has been both ghosted and has ghosted someone.

"When I got ghosted, it honestly just made me kind of mad, because I was trying so hard to avoid drama by just talking it out, but she insisted on making it awful," Moore said.

Moore said when she ghosted someone, it was because they had blown her off on a date.

"Every time I got a booty call, I would kind of just be like 'ope' and leave her on read," Moore said.

In student's opinions, there are multiple reasons one might ghost someone.

Tesluk said he feels

like a main reason people ghost others is because they do not want to face their problems.

"It is one thing to give each other space, but a completely different when they straight-up block you," Tesluk said. "It's very immature and affects the other person more than you think."

Tesluk said he was personally left confused when he was ghosted.

"It made me feel really mad and sad for a long time," Tesluk said. "Forever I kept wondering what I did wrong, or if I could've said something different."

Moore believes someone would ghost another because it's easier to drop someone completely than to deal with the problem that is causing them to want to ghost them.

"People ghost each other when they don't want anything to do with that person anymore, or at least that's why I've seen it done," Moore said. "I guess these days it's easy to just delete someone in real life."

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Collecting treats

Groups in the community, including members in DECA, participated in Trick or Treat So Others Can Eat annual canned food drive on Oct. 8.

Twenty-seven different organizations helped with the food drive this year. Some of those organizations included Boy Scouts, church groups, Girls Scouts, groups from Fort Hays State University, National Honor Society, St. Co., Thomas More Prep, etc.

Volunteers went door to door to collect nonperishable food items for the Community Assistance Center.

"This was my first year participating in Trick or Treat So Others Can Eat," senior Paige Polifka-Denson said. "I just showed up, they gave me a name tag, they gave us a neighborhood and we sprinted around the neighborhood collecting can goods."

Senior Emma Pfannenstiel said this was her second year doing the food drive and that enjoyed talking to elders this year.

DECA sponsor Shaina Prough said they always have a goal of 20,000 food items -- one food item per person who lives in Hays.

"We are a lot shy of that goal right now," Prough said. "Tuesday night, we collected 12,645 cans just on that one night. So, hopefully, more donations will trickle in throughout the month. We did have a lot of cash donations as well."

Any nonperishable food items, such as canned meats, canned vegetables, canned fruit and boxed meals, can be taken to the Community Assistance Center before Oct. 31 as well.

DECA has been involved with Trick or Treat So Others Can Eat since 1985.

Prough said she

also must worry about the weather on the night of the food drive because they have collected in all types of weather before.

"We had a group back out last-minute last week as well," Prough said. "So, I had to scramble to find another group to fill in. It's the last-minute preparations that make me crazy. You never know if people are going to show up, if we're going to have enough groups, are they going to back out. That is probably the most frustrating part."

But, Prough finds it very rewarding to see how generous the community is through the event.

"It's a good reminder to why Hays is a great place to live and great place to raise kids," Prough said. "The food drive really reflects how generous, kind and concerned those are in our community for others."

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STAFF EDITORIAL

Stereotypes should not be degrading

Everyone understands the extensive nature of stereotypes. You can look at a person and easily fit them into one of your “categories,” even if they do not consider themselves to be in that category.

Stereotyping, however, should not be a means to degrade someone based off your own perceptions.

From the basic high school stereotypes of nerds and jocks, to the larger scale stereotypes of gender, race or homosexuality, stereotyping can lead to dangerous topics.

Stereotypes were not intended to have such a negative connotation. Simply speaking, stereotypes are a shortcut to judge someone based off their physical characteristics or the few personal details one may know about someone.

While we may downplay the significance of stereotyping, we do not realize what harm it can lead to: isolation.

The majority of people have their own group of friends with whom they associate, all while ignoring any others that may approach them who do not fit the same description as their other friends.

Some may find it hard to open up and accept someone they do not think fits into their personal description.

What people do not like to accept, however, is that they are also harming themselves. Being judgmental and pushing away potential friends causes their own isolation.

The people who you surround yourself with determines your



LEVI WEILERT / The Guidon

stereotype as well.

Ask yourself a question: “Do people perceive me the same way they perceive my friends? How do I feel about that perception?”

People do not always enjoy the idea of being placed into categories. Sometimes stereotypes can lead to making people guilty by association.

If your friends are known as party animals, you might be perceived as one who follows the same lifestyle. This is what establishes the stereotype with you, even if you were

not directly involved with the actions of your friends.

Generally, people want to be in control of how others see them. Why would you want to try to take that power away from them?

Stereotypes have always been around as a means of survival, but now may be the time to challenge these perceptions.

We see these large social movements challenging gender and racial stereotypes, but why not address the local ones inside of the walls of high schools?

We have the power to address

the biases that impact ourselves and others to make everyone feel safe and welcome in an environment that is intended to be safe and welcoming.

Start by addressing your own biases. Though your biases may be a learned behavior, they are not something you are incapable of eliminating.

We need to encourage discussions about diversity, both in and outside of school.

The best way to challenge this issue is by learning to see and accept the person behind the stereotype.

PRAISES & PROTESTS

PRAISES

- Respecting women
- Fall scents
- Sweaters
- Ramen
- iPhone dark theme
- Flannels
- Pick-up trucks
- Naps
- Three-day weekends
- Hoodies
- Hot chocolate
- Movies

PROTESTS

- Olives
- Trisha Paytas
- Stress
- Procrastination
- Group projects
- Caffeine
- Cold weather
- Depression
- Overused memes

THIS MONTH IN HISTORY

• October 4, 1957 - The Space Age began as the Russians launched the first satellite, *Sputnik I*, into orbit. The accomplishment by Soviet Russia sent a shock-wave through the American political leadership, resulting in U.S. efforts to be the first on the moon.

• October 9, 1940 - John Lennon was born in Liverpool, England. He was a member of The Beatles, an influential rock group that captivated audiences first in England and Germany, and later in America and throughout the world.

• October 11, 1939 - Albert Einstein warned President Franklin D. Roosevelt that his Theory of Relativity could lead to Nazi Germany’s development of an atomic bomb. Einstein suggested the United States develop its own bomb. This resulted in the top secret “Manhattan Project.”

• October 14, 1964 - Civil Rights leader Martin Luther King Jr. became the youngest recipient of the Nobel Peace Prize. He donated the \$54,000 in prize money to the Civil Rights movement.

• October 19, 1987 - “Black Monday” occurred on Wall Street. Stocks plunged a record 508 points or 22.6 percent, the largest one-day drop in stock market history.

• October 21, 1879 - Thomas Edison successfully tested an electric lamp with a carbonized filament at his laboratory in Menlo Park, N.J., keeping it lit for more than 13 hours.

“Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press, or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.”

—First Amendment, U.S. Constitution

Agree: 9

Opinion of the Guidon staff

Disagree: 1

Students shouldn't be afraid to get more involved

During students’ high school years, they are presented with hundreds of opportunities that can affect their future.

Most students are involved in academic and non-academic activities in the school, given there are more than 70 extra-curriculars students may join.

Many join these activities to develop a sense of belonging to the school community – either to meet new friends or strengthen bonds with old ones, gaining relationships with advisors and learning to value achievement.

For students who are not involved, many do not understand the significance of their high school involvement, underclassmen especially.

Sometimes it becomes more difficult to engage students simply because they are uneasy about stepping out of their comfort zones. Hiding inside of this zone will only hinder their success in their high school careers.



BY ALLISON HILLEBRAND
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At the beginning of my freshman year, I was hesitant to be involved in anything. Nothing I had heard about at Hays High had interested me, except for the music program.

What I did not realize is how many organizations there were outside of the well-known programs, such as art, music or sports.

I first heard about the journalism program my freshman year through the previous jour-

nalism instructor, Bill Gasper. Immediately, I was interested in finding a way to be involved.

Joining journalism my sophomore year was extremely nerve-wracking. I knew one other person in the class: by that, I mean I knew her name.

I did not realize taking that class would have such a drastic impact on my life. Since the first day I allowed myself to be a part of the tiny community, I met some incredible people.

The class influenced my schedule for the rest of the year and encouraged me to decide Journalism and Communications as my future college major.

After joining journalism, I chose to branch out to the Business Department and get involved in DECA, an organization for students interested in business.

In DECA, I have developed the ability to present to others

and to create a marketing campaign. Alongside the real-world benefits the class has given me, I was also able to attend an international DECA competition in Orlando.

Many organizations at Hays High exist outside of classes, however. National Honor Society and Leadership Team are both resume boosters for high school students.

National Honor Society has increased the amount of time I spend working in the community, volunteering outside of school hours.

Leadership Team allows me to associate with younger students and help them through their freshman year.

Although some students may be nervous to become more involved with their classmates, it is important that they step out of the bubble they have put themselves into when they walked in the high school doors.

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General Information/Policy

The Guidon is published eight times a year by the Digital Media and Design class at Hays High School. The 2019 Guidon Online was voted a Pacemaker Finalist by the National Scholastic Press Association.

It is produced as an educational tool to give students the opportunities to inform, investigate, entertain, interpret and evaluate in an open forum and to provide accurate, fair, objective and truthful coverage. The opinions expressed here are those of The Guidon staff and do not express the opinions of the USD 489 Board of Education, administration, faculty or staff.

The Guidon welcomes letters to the editor, as long as they are not libelous or obscene. Letters must be signed and must include the writer's name, address and phone number.

FOOTBALL

Kickin' It with the Boys

Senior Matt Goodale joins football team as kicker

By Brenna Schwien
Hays High Guidon

Senior Matt Goodale has been a major part of the soccer team for his four years of high school, but his talents are now being used elsewhere: on the football field.

Even though Goodale had never played football before, he was ready to step in and help out when he was needed.

"I briefly talked about it at the beginning of the season with some of the other seniors on the team, but I eventually dropped it," Goodale said. "Then, one day, [soccer] coach [Silas] Hibbs and I ran into [football] coach [Tony] Crough and started talking about it, and we eventually decided for me to drop by one practice and see how my kicks were."

Goodale said he has not gotten anything but encouragement from his coaches and peers.

"Everyone around me has supported me," Goodale said. "Of course, I've gotten multiple jokes about the soccer player playing football, but everyone I'd talked to had nothing but positive things to say."

Three games into the season, Goodale joined



COURTESY PHOTO

Senior Matt Goodale kicks against Garden City. Goodale joined the team in the middle of the season as a kicker, while he continued to play for the soccer team.

the football team as a kicker. This situation has been an unconventional opportunity for both teams involved.

"I told coach Hibbs we needed a kicker, so he sent Matt to us and said to give him a look," Crough said.

It was a mutual decision for the soccer and football programs, but there were a few draw-

backs on the soccer side.

"Matt's kicking for the football team doesn't translate to improvement for him on the soccer field, as kicking for football takes time away from limited soccer trainings and film sessions," Hibbs said. "Not to mention [it halts] Matt's leadership position as captain within the soccer program."

Although Goodale kick-

ing for the football team impacts the amount of time he spends on soccer, Hibbs is understanding and said he hopes it will impact Goodale and teach him a few important life lessons.

"I am hoping that Matt learns from his various roles within each team setting," Hibbs said. "Matt is a key leader on the soccer team, yet a

role player on the football team. Each role requires different responsibilities and expectations. By better understanding each perspective, Matt can become a more well-rounded young man."

Goodale was the starting kicker for the Homecoming game on Sept. 27 and had a very impressive first game.

"His kickoffs were incredible, and they really set up a great field position for us all night long," Crough said. "He also made two PAT's, which was huge for us."

When it comes to soccer, Hibbs said that Goodale has a lot of responsibility on his shoulders to get his younger teammates involved in the program and help them find their roles within the team.

By being a role player on the football team, Hibbs said he hopes that Goodale can better relate with the younger soccer team members

"Matt's kicking for the football team is a model and representation of what it looks like when the HHS Athletic Department works together for the overall good of the programs and their student athletes," Hibbs said. 22bschwien@usd489.com

YOUR VIEW

If you could play two sports at the same time, what would you play?

"I would play softball and soccer. I would play those two because I played soccer my eighth grade year, and I had so much fun, but I also love softball so much."
—sophomore Sage Zweifel

"I would play basketball and soccer because those are my two favorite sports, and it would keep me in shape."
—freshman Morgan Engel

"I'd do track and volleyball. I would most likely only need to go to volleyball practices because track is running, and that's something you don't need to practice very often."
—sophomore Morgan Shorb

"If I could play two sports at the same time, I would choose soccer and softball. I'd choose these because when I was younger, I loved soccer. Eventually, the time came when I had to choose between soccer and softball, and I wish I never had to do that."
—senior Macee Altman

"I would do track and baseball. Mostly because I've played baseball my whole entire life, and I've always loved it. Also, track, I've never really been a big fan of it, but it makes me faster, so that's why I go out for it."
—sophomore Gavin Meyers

If you could be the best at any sport, what sport would you like to be the best in?

"I'd like to play lacrosse because we don't have anything like that around here, and it's kind of aggressive, so you get to throw the ball in the net."
—sophomore Aleyia Ruder

"I would be a swimmer because I don't know how to swim, and I think it would be a cool ability to have."
—sophomore Aaliyah Neuberger

"I would play golf because you can play in multiple tournaments and win a million dollars in each tournament."
—freshman Braden Hoskins

"I would play volleyball because I like playing it a lot, and it is super fun."
—freshman Carly Johnson

"I would do track because I would be in really good shape, and I'd be able to run fast."
—freshman Ashlynn Zimmer

"I would play baseball because it is the only sport I play."
—junior Dominick Bainter

BASEBALL

Senior Brock Lummus plays for Larks

By Brenna Schwien
Hays High Guidon

Walking to the plate for the first time is a feeling that baseball players will never forget, whether it is a game of backyard baseball or the biggest game of their career. But, for senior Brock Lummus, it is just a routine part of his life.

This summer, Lummus got the opportunity to join the Hays Larks, playing in one game for the team.

"It was still the same game I love, but it was played more professionally," Lummus said.

Lummus faired very well in his statistics, with only one passed ball and two innings pitched.

"Playing for the Larks was a memorable experience for me," Lummus said. "I learned a lot of different things about the game from the older players there."

He said he has learned some of the most important life lessons on the diamond as well.

"If I didn't play baseball, my life would be different,"

Lummus said. "I don't think I would be the person I am today without it."

Transitioning back into high school baseball, Lummus said he is confident that his experience with the Larks helped him get better.

"I got better and saw better competition," Lummus said.

Baseball is a very taxing game, both physically and mentally. If a player is not prepared, he will not be playing his best.

Even though Lummus was younger than everyone else on the Larks team, he said he did not let it phase him.

"Anytime you can play against higher-level competition, it's good for you," Lummus's high school coach Dustin Dreher said. "Even if you struggle, you get to see what you need to work on to get to that level. Brock got to see college-level pitchers, hitters and defenders and compare his skills to theirs."

Baseball season is still months away, but even so, Lummus is going to remember the lessons he learned during his time with the Larks and use those experi-

ences to help his high school team.

"I hope he learned that there's a whole other level of players out there than what we see in our season at HHS," Dreher said. "And, to be able to play and succeed at the next level, you can never be content with how good you are, but you're always working to become a better player."

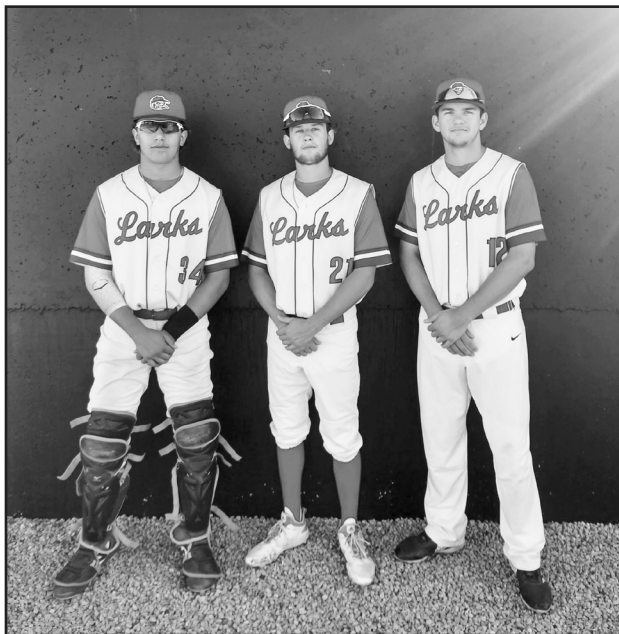
Improvement is something that baseball players and all athletes must continually keep working on because they will never get better if they do not put the work in.

"I don't think he has reached his potential yet," Dreher said. "He's a hard worker, and he will only keep getting better as a baseball player."


No matter the level, Lummus said that playing the game he loves is important to his life.


"Baseball has always played a big part in my life, from when I was born and probably until I die," Lummus said.

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Senior Brock Lummus (left) stands next to 2018 graduates Trey Riggs and Palmer Hutchinson. Lummus played on the Larks team during the summer for one game.





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ATHLETES OF THE MONTH



I am Cassidy Prough. People don't necessarily play sports because it's fun, they play because it's part of their life. My life would be so boring without the endless practices and car rides. I play for the family made through the teammates. I care about sports because I feel like they build character."

— senior Cassidy Prough



I started playing when I was young because of my dad. It's been a big part of my life since I was young because I wouldn't have moved to Topeka if it wasn't for football and I wouldn't have moved here if it wasn't for football. It's something I've always loved doing and I will continue to do it through college."

— senior Hayden Brown

LITTERING

TRASH TALK

Students, administration discuss littering at home football games

By Eythun Wyatt
Hays High Guidon

Hays High School's football team has the privilege of having its games at Fort Hays State University's Lewis Field. Though after the games, if spectators look around, they will notice a lot of trash left behind.

At the last game, free chips, hot dogs and soda were provided. With the amount of chip bags left behind, one would assume the entire student body refused to pick up its trash.

"There's always trash up in the seats like cups, boxes of empty popcorn and cans," junior Weston Hoskins said. "Usually, when you are walking around, you'll step on it."

On the other hand, some students have not noticed the trash being an issue at all.

"I was too busy cheering for our team to notice," senior Lucas Pfannenstiel said.

According to Principal Martin Straub, there have not been any complaints to the administration about the amount of trash left behind by the student body.

"As the game ends, we are responsible for keeping fans off the field, preventing any conflict on the field between players and coaches, getting the refer-



COURTESY PHOTO

Junior Gabe McGuire picks up trash at Lewis Field Stadium. After home games, the stadium tends to be left in a state of disarray with cans and popcorn boxes left in the stands.

ees safely to their locker room, securing the gate money to our HHS vault, among other tasks,"

Straub said. "I have to confess, I have not observed the amount of mess we are leaving. We'll have

to watch at the next game." Straub is not the only member of administration who has not necessarily noticed the trash left behind at football games.

"Honesty, I have not looked in the area of our student body after football games at Lewis Field," Athletic Director Lance Krannawitter said. "I will make it a point to check out the area after the Hays/Salina Central game."

Though this is not a problem that the administration is immediately concerned about, some of the student body is and has ideas about ways to prevent trash from becoming a serious problem.

"We could have someone walking around with a trash bag collecting trash," Hoskins said. "Or, we could encourage people to pick up their trash. They don't really do anything with telling students to pick up their trash."

Other students had different ideas regarding how to keep the student section free of trash.

"We could put a trash can right by the student section, so they put it in there," Pfannenstiel said.

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RIVALRY

Hays High, Great Bend rivalry still relevant after many years

By Eythun Wyatt
Hays High Guidon

It is no secret that Hays High and Great Bend have a rivalry, which has developed into a significant event among the student body.

Every time Hays High has a home game against Great Bend, the student body does a "white out." This involves the students dressing in all white, including face paint and, in certain situations, body paint.

However, the rivalry has sometimes reached a level of intensity the administration does not support. At this year's home football game against Great Bend, students were reprimanded for throwing baby powder and blowing air horns.

A few athletes said that the rivalry has affected how they play.

"It makes us a lot more competitive, especially since it's Great Bend," senior Trevor Gross said. "And, we want to prove that we are always going to be better than them."

Gross also said he feels that the rivalry is an important feature to Hays High.

"I mean, rivalries just make it more competitive," Gross said. "Rivalries are important because it shows dominance over each other."

Another athlete agreed with what Gross had to say.

"There is a different type of motivation and drive that you have to beat a rival opponent," junior Miles Keller said. "It's a lot more competitive than a normal game. You are giving it your all and leaving everything on the field."

Keller also agreed with Gross on the importance of the rivalry.



JERSEY JOHNSON / Indian Call

Seniors Avery Jones, Kaylor Meyers and Macee Altman support the Indian football team during their rivalry game against Great Bend on Sept. 13.

"I think it's a good, competitive nature for every school to have," Keller said. "In a normal game, people might show some, but when there is a rivalry game, the place is rocking. Everybody is getting hyped for everything."

Though Keller and Gross share the same competitive outlook on the rivalry, another athlete said that they felt differently.

"The Great Bend rivalry

doesn't affect how I play," junior Cooper Young said. "I go into every game not focused on who we are playing, just playing as a team."

Young also had a different outlook on the importance of the rivalry.

"I think it is more important to the fans than the players," Young said.

Since 2004, Hays High has played Great Bend in varsity football a total of 15 times.

Hays has beaten their rivals six times and lost nine times. Baseball and boys basketball, however, are completely different stories.

Since 2004, Hays has a 7-2 record with Great Bend in baseball and a 180-11 record in boys basketball.

"Great Bend is definitely good competition," Young said. "But, I like to think we come out on top most of the time."

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FALL SPORTS WRAP UP



Boys Soccer

Hays High vs. Garden City (L)
Score: 1-2
Goal: Matt Goodale

Hays High vs. Great Bend (L)
Score: 0-4

Hays High vs. Dodge City (L)
Score: 0-4

Hays High vs. Great Bend (L)
Score: 0-2

Hays High vs. Buhler (L)
Score: 0-5

Hays High vs. Garden City (L)
Score: 1-2

Hays High vs. Junction City (L)
Score: 0-0 (OT)

Hays High vs. Liberal (L)
Score: 0-8

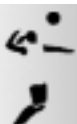
Hays High vs. Dodge City (L)
Score: 0-10

Hays High vs. Liberal (L)
Score: 0-7



PAIGE POLIFKA-DENSON / Indian Call

Senior Tucker Johnson blocks a goal during the home game against Great Bend on Sept. 24.



Volleyball

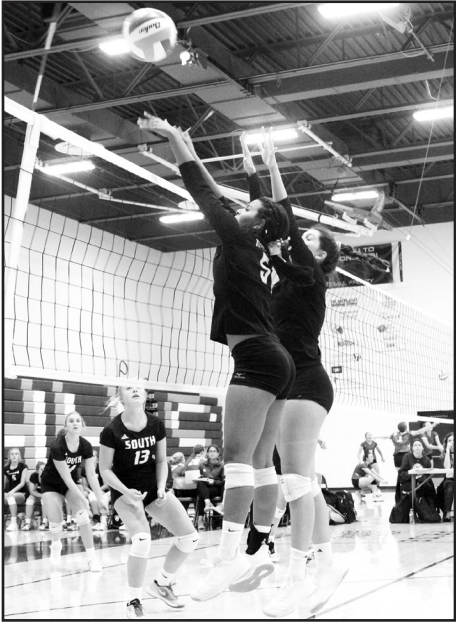
Hays vs. Ulysses: 25-21, 25-17 (W)
Kills: Tasiah Nunnery, 10
Assists: Kaitlin Suppes, 11

Hays vs. Pratt: 25-10, 17-25, 25-17 (W)
Kills: Tasiah Nunnery, eight; Alexa Moeckel, seven
Assists: Tasiah Nunnery, nine

Hays vs. Garden City: 18-25, 18-25 (L)
Kills: Tasiah Nunnery, nine
Assists: Kaitlin Suppes, eight

Hays vs. Larned: 25-16, 25-12 (W)
Kills: Tasiah Nunnery, seven
Assists: Kaitlin Suppes, seven; Kyah Summer, seven
Digs: Kaitlin Suppes, seven; Kyah Summer, seven

Hays vs. LaCrosse: 25-14, 25-16 (W)
Kills: Tasiah Nunnery, six; Sierra Bryant, six
Assists: Brooke Denning, five; Kyah Summers, 11
Digs: Brooklyn Schaffer, six



GRACE DESBIEN / Indian Call

Senior Tasiah Nunnery spikes the ball with an assist from Peyton Nierenberger.



Girls Golf

Liberal Invitational
Sept. 16
Team: Second (219)
Individual: Sophia Garrison - Second (46), Taleia McCrae - Third (51), Katie Dinkel (58), Sierra Smith (64), Hope Schumacher (67)

Salina South Invitational
Sept. 23
Team: First (342)
Individual: Sophia Garrison - Second (75), Taleia McCrae - Eighth (84), Katie Dinkel (87), Sierra Smith (96), Gracie Wentte (103), Hope Schumacher (110), Andrea Lopez (101)

Hutchinson Invitational
Oct. 3
Team: Second (393)
Individual: Taleia McCrae - Seventh (81), Katie Dinkel - 17th (86), Sophia Garrison (88), Gracie Wentte (95), Andrea Lopez (99), Sierra Smith (103), Hope Schumacher (109)

Great Bend Invitational
Oct. 8
Team: Third (393)
Individual: Taleia McCrae - Second (87), Sophia Garrison - Fourth (91), Andrea Lopez - Seventh (99), Katie Dinkel - Eighth (100), Sierra Smith (102), Andrea Lopez (114)



Football



ERICA MALLECK/ Indian Call

Senior Matt Goodale kicks for Hays High during his second game as a kicker against Garden City for a 40-21 loss.

Hays vs. Junction City (W)
Sept. 20
Score: 13-12
Team
Rushing: 38 attempts for 127 yards
Passing: 12/20 attempts for 141 yards and two touchdowns
Individual
Rushing: D. Dreiling 13 attempts for 62 yards
Passing: D. Dreiling 20 attempts for 141 yards and two touchdown
Receiving: H. Brown 56 yards for two touchdown

Hays vs. Garden City (L)
Sept. 27
Score: 35-32
Team
Rushing: 31 attempts for 341 yards
Passing: 4/14 attempts for 33 yards for one touchdown
Individual
Rushing: R. Moroni 7 attempts for 164 yards for two touchdowns
Passing: D. Dreiling 3/13 for 26 yards
Receiving: H. Brown 22 yards

Hays vs. Wichita South (L)
Oct. 4
Score: 45-20
Team
Rushing: 44 attempts for 251 yards
Passing: 12/17 attempts for 188 yards
Individual
Rushing: R. Moroni 12 attempts for 90 yards and one touchdown
Passing: D. Dreiling 17 attempts for 188 yards
Receiving: H. Brown 22 yards

Hays vs. Garden City (L)
Oct. 11
Score: 21-40
Team
Rushing: 32 attempts for 201 yards
Passing: 4/18 attempts for 57 yards and one touchdown
Individual
Rushing: D. Dreiling 11 attempts for 117 yards
Passing: D. Dreiling 4/18 for 57 yards and one touchdown
Receiving: H. Brown 53 yards for one touchdown



XC

Hays Invitational
Sept. 19
Girls Varsity: First
Individuals: A. Jaeger, fifth; L. Dotts, seventh; C. Shippy, 12th; Y. Maldonado, 18th

McPherson
Sept. 26
Girls Varsity: First
Boys Varsity: Fourth
Boys Individuals: B. Hines, fifth; G. Brungardt, 17th; L. Viegra, 20th
Girls Individuals: A. Jaeger, second; A. Shubert, fourth; L. Dotts, sixth; C. Shippy, seventh; Y. Maldonado, eighth; J. Watson, 11th

Junction City
Oct. 7
Girls Varsity: Third
Individuals: A. Jaeger, 11th; Y. Maldonado, 15th; J. Watson, 17th; C. Shippy, 18th; L. Dotts, 20th

McPherson
Oct. 12
Girls Varsity: Third
Individuals: A. Jaeger, third; Y. Maldonado, 11th; J. Watson, 13th; M. Dickman, 14th; A. Shubert, 15th



Girls Tennis

McPherson Invitational
Oct. 5
Team: Eighth
Singles: Lynsie Hansen 1-2
Doubles: Moriah Debay and Mylah Potter 1-3

WAC @ Great Bend
Oct. 7
Team: First
Singles: Lynsie Hansen 3-1, second
Doubles: Maggie Robben and Sage Zweifel 1-4, third

MUSIC

MONEY MOVES

A professional breaks down how to break it down

By Caitlin Leiker
Hays High Guidon

Professional performer Adrian Rifat traveled from New York City to choreograph this year’s musical, “Anything Goes,” on Sept. 27-30.

Rifat was born in Hialeah, Fla., was raised in Miami and has lived in New York for almost 10 years. He said he came from a very musically involved family and has been singing for as long as he could remember.

He first “got bit by the acting bug” in middle school, pursued dance after high school, and has been building his extensive resumé ever since.

Q: What does your job as a professional performer entail?

A: “It involves a lot of auditioning, a lot of honing and practicing, keeping the song book updated, learning new texts and reading up on plays that call to me. Also, it takes a lot of research and keeping up with the business side of the industry, like noticing trends, keeping up to date with the sociopolitical climate and seeing how that informs the market and my material. And, of course, keeping a look out for those special projects that interest me.”

Q: Who led you to the stage?

A: “I was auditioning for a talent show, which my drama teacher, Ms. Ryan, ran. I had a kooky act (which didn’t make the cut, but whatever), and all Ms. Ryan did was size me up and say, ‘You should join drama.’ So, I did. The one thing that officially sold me was an eighth-grade field trip to NYC and watching Shoshana Bean perform ‘Defy-

ing Gravity’ in ‘Wicked.’

Q: What’s your dream role?

A: “I have three: George from ‘Sunday In the Park with George,’ Bobby from ‘Company,’ and Jon from ‘Tick, tick... BOOM!’”

Q: What are some of the musical soundtracks you play on repeat?

A: “‘Company,’ ‘Sunday In the Park with George,’ ‘West Side Story,’ ‘Hedestown,’ ‘Bare: A Pop Opera’ and I’ll throw in some ‘Hunchback of Notre Dame’ and ‘Hercules’ for the Disney fans.”

Q: What is one of the most challenging shows you’ve performed in?

A: “For the past five years, I’ve been a part of a Commedia Del Arte troupe called Ragtag Theatre Co., and our mission has always been to bring LG-BTQIA+ theatre to families. We take classic fairytales and give ‘em a twist. The most challenging show was ‘Rapunzel,’ and we were booked to do a tour all through Syracuse, N.Y.’s elementary school system in the dead of winter. (For context, Syracuse is the worst place to be in winter). We were cancel-

ling shows due to snowstorms. We were all getting sick, getting

up at crazy hours and doing all the heavy lifting. I’m no stranger to any of that, and interacting with the children was great, but the cons outweighed the pros, unfortunately. Because of it, I’d taken a break from performing up until recently.”

Q: Do you think becoming a performer is a pipe dream for someone coming from Western Kansas? If that’s what a student

wants to do, what advice can you give?

A: “Becoming a performer is not a pipe dream, no matter where you are coming from. These are just some things I’ve learned:

1) Know your worth – It’s fine and well to say ‘yes’ to build your resumé, but there are many people in the industry who will exploit you for that. Protect your art and protect your body. Chances are, unless you buy into the Union (Actors Equity), you’re going to be taking a lot of Non-Union work. Put your hands in all of the pots, but really invest in projects that

will keep you invigorated, fulfilled, and inspired to stay in this career for the long haul.

2) Let your work speak for itself. Stay humble. Being accepted to / in attendance of / a graduate from a prestigious school may get you into the right rooms, and that’s great. However, when it comes to fellow peers, do not downplay their training or background, and vice versa. You do you.

3) Invest in all outlets of your creativity. For example: I’m a writer and an illustrator who’s putting together my own graphic novel, and I’m teaching choreography for your production of ‘Anything Goes.’ I’m going back to the city and performing at a one act festival and putting together a one man show. Use all of your creative capacity. If you can’t find the work, then make it. Don’t just be a vessel for someone else’s work. You have your own voice and can contribute to your community in many ways.

4) Be patient. The last thing I’ll say is avoid expectations. Nothing works out immediately, and if it does, congrats. The true test is endurance and longevity; you’re in it for the long haul. A lot of this job is auditioning. The market is incredibly saturated at the moment, but everyone does get a piece of the pie, whether it’s today or 10 years from now. Until that one gig you’ve worked for drops on your lap, keep yourself involved in whatever way you can, and keep your mind open. Broadway is not the ultimate goal.”

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MUSIC

Passion morphs in to a student-led production

By Caitlin Leiker
Hays High Guidon

It all started as a late-night thought. A musing. Before he knew it, the matter of “What if?” became a matter of “When?”

Junior Andrew Duke will direct a student-led production of the musical “Twisted: The Untold Story of a Royal Vizier” as a fundraiser for the Chamber Singer trip to London in the summer of 2020.

“Twisted” is intended to be a comical parody of “Aladdin,” performed in the style of the Broadway show “Wicked.” It makes fun of countless Disney tropes and includes cameos of famous characters, but most importantly, the show gives the backstory of Jafar, making him a more sympathetic and relatable character.

Along with using the production as a fundraiser, Duke said he wanted to provide another performance opportunity for the Chamber Singers.

“I think the people who do Musical, Spring Play and all the

different arts things really love to do it,” Duke said. “I thought it would be really great for everyone if we did another [production]. Everyone that I’ve talked to so far has been really enthusiastic about it.”

Duke said the production will be small-scale, featuring a cast of only 12 Chamber Singers, a painted plywood set and a budget of only about 7 percent of the official Musical budget.

Vocal director Alex Underwood is the sponsor for the upcoming project, and he is expecting the show to be a huge success due to the momentum Duke has already brought to the table.

“I’ve been really impressed with his initiative,” Underwood said. “Taking on a project of this nature is significant. He’s collected all of his information quickly and efficiently, and he’s been an excellent communicator.”

Junior Caitlin Leiker (music director) and senior Nathan Leiker (choreographer) will accompany Duke on the creative

team. Underwood said he’s excited to see the students in leadership roles such as these.

“I’m looking forward to guiding everyone in a way that I haven’t been able to guide them before,” Underwood said. “It will be a good experience for all of them.”

One of the initial concerns regarding the show was editing the script. The comedic theme of the show is that it is a Disney story written in a vulgar manner. However, the licensing for the show includes the rights to edit the script, so Duke plans on making some changes to make it more family appropriate.

“I’m hoping to strike a balance where parents will be happy to bring their kids, but I still want to preserve the artistic integrity of the show,” Duke said.

Junior Gabe McGuire said one of his biggest concerns is the possibility of over-censoring the show and weakening the humor, but he’s still excited to participate.

“I’m expecting Andrew to pull through and put on a great

costume	\$650
set	\$500
licensing	\$300
programs	\$100
props & other	\$500
total	\$2,150

PAIGE POLIFKA-DENSON/The Guidon

show,” McGuire said. “He’s a really smart and funny guy, and I know he can keep most of the humor in there to keep the show the laugh fest that it is.”

Duke said his biggest hope for the show is that it proves to be lucrative for Chamber Singers and appealing to the community. This student-run production may be the first and last the school will see, so above all, Duke said he hopes people like it.

“I really want this one-time thing to be something that people remember and are glad that it happened,” Duke said.

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The Haha's

· Q: What do you call a scared tree?
A: Petrified wood!

· Q: What music do mummies listen to?
A: Wrap.

· Q: Why are graveyards so noisy?
A: All the coffin!

· Q: When is it bad luck to meet a black cat?
A: When you are a mouse.

· Q: What did the boy ghost say to the girl ghost?
A: You are BOO-tiful!

· Q: What do witches put on their bagels?
A: Scream cheese.

· Q: Why can't you be friends with a vampire?
A: They are a pain in the neck!

· Q: What's a witch's favorite subject?
A: Spell-ing.

· Q: Why did the skeleton dump you?
A: His heart wasn't in it.



Top Picks

1. “SUGAR”
– BROCKHAMPTON
2. “I Love Kanye”
– Kanye West
3. “1901”
– Phoenix
4. “Paper Planes”
– M.I.A.
5. “Deadbeat Summer”
– Neon Indian
6. “HIGHEST IN THE ROOM”
– Travis Scott
7. “BOY BYE”
– BROCKHAMPTON
8. “Subaru Crosstrek XV”
– Hobo Johnson
9. “King Kunta”
– Kendrick Lamar
10. “Ghost Town”
– Kanye West



New Movies

- Oct. 25
“Countdown”
“Black and Blue”
“The Current War”
- Nov. 1
“Terminator: Dark Fate”
“Harriet”
“Motherless Brooklyn”
- Nov. 8
“Doctor Sleep”
“Midway”
“Playing With Fire”
- Nov. 13
“Girls’ Night Out: Charlie’s Angels”